

2ND SEM. 2014/2015



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UNIVERSITY OF SWAZILAND

FINAL EXAMINATION PAPER

PROGRAMME : **BACHELOR OF SCIENCE IN
CONSUMER SCIENCE AND CONSUMER
SCIENCE EDUCATION YEAR 4**

COURSE CODE : **FRHD 405**

TITLE OF PAPER : **COUNSELLING**

TIME ALLOWED : **TWO (2) HOURS**

INSTRUCTIONS : **ANSWER QUESTION ONE (1)
AND ANY OTHER TWO (2) QUESTIONS**

**DO NOT OPEN THIS PAPER UNTIL PERMISSION HAS BEEN
GRANTED BY THE CHIEF INVIGILATOR**

QUESTION 1 (COMPULSORY)

- (a) Guidance and counselling has been declared an integral part of any educational program.
What problems are faced by counsellors in schools when counselling is introduced?
[15 Marks]
- (b) You want to introduce guidance and counselling in your school.
Justify the role of a guidance and counselling program in the school situation.
[15 Marks]
- (c) What inherent weaknesses are in a group counselling session? [10 Marks]

[TOTAL MARKS = 40]

QUESTION 2

Discuss the significance of the following categories of counselling in schools

- | | | |
|------|--------------------------------------|------------|
| i. | Personal guidance and counselling | [10 Marks] |
| ii. | Educational guidance and counselling | [10 Marks] |
| iii. | Career counselling | [10 Marks] |

[TOTAL MARKS = 30]

QUESTION 3

- (a) Phase **three (3)** of the counselling session is planning for problem solving. Relate how you would go about it as a counsellor; also discuss relevant prerequisite information to this phase.
[20 Marks]
- (b) Family counselling entails family members working together to solve what they consider a problem common to all.
Discuss the role of a counsellor in family counselling. [10 Marks]

[TOTAL MARKS = 30]

QUESTION 4

- (a) Attending behaviour in counselling assists to achieve several purposes. Discuss the positive achievements brought about by attending behaviour. **[5 Marks]**
- (b) Discuss the psychoanalytic approach to counselling as viewed by Sigmund Freud with respect to:
- Counselling goals
 - Role of counsellor
 - Role of client

[25 Marks]

[TOTAL MARKS = 30]