UNIVERSITY OF SWAZILAND FACULTY OF HEALTH SCIENCES GENERAL NURSING DEPARTMENT

SUPPLEMENTARY EXAMINATION PAPER JULY 2006

COURSE TITLE:

ANATOMY AND

PHYSIOLOGY

COURSE CODE:

HSC 101

MARKS ALLOCATED:

100

TIME ALLOCATED:

THREE (3) HOURS

INSTRUCTIONS:

- 1. THERE ARE FOUR (4) QUESTIONS IN THIS PAPER
- 2. ANSWER ALL QUESTIONS
- 3. ALL QUESTIONS CARRY 25 MARKS

Question 1

Multiple choice

Select the most appropriate answer for each question e.g. 26. a

- 1. Sebum is responsible for all the following except for
 - a. inhibiting growth of bacteria
 - b. retarding water loss from the body surface
 - c. oiling the palms and soles
 - d. lubricating the surface of the skin
- 2. guards against water loss from the dermis
 - a. keratin
 - b. collagen fibres
 - c. papillae
 - d. elastic fibres
- 3. lines the esophagus
 - a. transitional
 - b. stratified squamous
 - c. stratified edumnar
 - d. simple squamous
- 4. The term used to describe the type of solution in which cells will gain water from their environment is
 - a. isotonic
 - b. hypertonic
 - c. hypotonic
 - d. catatonic
- 5. The stomach mucosa consists of which type of cells
 - a. simple squamous epithelia
 - b. simple columnar epithelia
 - c. stratified squarmous epithelia
 - d. stratified columnar epithelia
- 6. Following the removal of the larynx an individual will
 - a. be unable to cough
 - b. be unable to speak
 - c. be in a respiratory difficult or arrest
 - d. be in a respiratory difficult or arrest

- 7. The following activities occur during prophase except
 - a. separation of chromatids
 - b. coiling tightly of chromatids
 - c. disorganizaton of the nucleus
 - d. appearance of spindle fibers
- 8. Cilia and flagella are similar in that
 - a. both propel the cell itself
 - b. both are comprised of long cytoplasmic projections
 - c. both have nine pairs of microtubules around their periphery
 - d. both are found in the respiratory tract
- 9. Scar tissue is a variation of
 - a. epithelium
 - b. connective tissue
 - c. muscle tissue
 - d. nerve tissue
- 10. After drinking two litres of water, you make several trips to the toilet. This increase in urination reflects an increase in
 - a. diffusion
 - b. osmosis
 - c. filtration
 - d. solvent pumping
- 11. If the interior of the plasma membrane is more permeable to potassium ions, what is the expected state of the skeletal muscle?
 - a. polarized
 - b. depolarised
 - c. hyperpolarized
 - d. threshold
- 12. Parathyroid hormone
 - a. increases bone formation and lowers blood calcium levels
 - b. increases calcium excretion from the body
 - c. decreases calcium absorption from the gut
 - d. demineralises bone and raises blood calcium level
- 13. Which is the bone that we sit on
 - a. ilium
 - b. ischium
 - c. pubis
 - d. sacrum

| 14. | is the tissue that is composed largely of intercellular matrix, mportant in protection and support | | |
|-----|--|--|--|
| | a. epithelia tissue | | |
| | b. muscle tissue | | |
| | c. connective tissue | | |
| | d. nervous tissue | | |
| 15. | The contain paranasal sinuses | | |
| | a. temporal bones | | |
| | b. mandible bones | | |
| | c. maxillary bones | | |
| | d. parietal bones | | |
| 16. | The function of the T tubules in muscle contraction is to | | |
| | a. make and store glycogen | | |
| | b. form proteins | | |
| | c. release calcium ions cytoplasm | | |
| | d. transmit the action potential deep into cell | | |
| 17. | All these hormones are secreted by the anterior pituitary except | | |
| | a. antidiuretic hormone | | |
| | b. growth hormone | | |
| | c. gonadotropins | | |
| | d. TSH | | |
| 18. | A hormone <u>not</u> involved in sugar metabolism is | | |
| | a. glucagon | | |
| | b. cortisone | | |
| | c. insulin | | |
| | d. aldosterone | | |
| 19. | Which of the following can lead to decreased venous return of blood to the heart? | | |
| | a. damage to the venous valves | | |
| | b. an increase in blood volume | | |
| | c. an increase in venous pressure | | |
| | d. increased muscular activity | | |
| | | | |

| 20. | The myocardium receives its blood supply directly from | | |
|-----|--|------------------------------------|--|
| | a. | aorta | |
| | b. | the coronary arteries | |
| | c. | the coronary sinuses | |
| | d. | the pulmonary arteries | |
| 21. | In atherosclerosis which layer of the vessel wall thickens most | | |
| | a. | tunica interna | |
| | b. | tunica media | |
| | c. | tunica adventitia | |
| | d. | tunica externa | |
| 22. | The structure of a capillary wall differs from that of a vein or an artery because | | |
| | a. | it has two tunics instead of three | |
| | b. | there is less smooth muscle | |
| | c. | there is a single layer | |
| | d. | none of the above | |
| 23. | Lymph nodes are densely clustered in all of the following body areas except | | |
| | a. | the brain | |
| | b. | the axillae | |
| | c. | the liver | |
| | d. | the groin | |
| 24. | Cells that can directly attack cells include all of the following except | | |
| | a. | macrophages | |
| | b. | cytotoxic T. cells | |
| | • | helper T cells | |

- helper T cells
- natural killer cells d.
- 25. Which of the following determines the direction of gas movement
 - solubility in water a.
 - partial pressure gradient b.
 - temperature c.
 - indecular weight and size of the gas molecule d.

TOTAL 25 MARKS

Question 2

- a) According to the principle of complementarity, how does anatomy relate to physiology? (3)
- b) List and describe briefly the five factors that must be present or provided to sustain life (15)
- c) Describe the process of tissue repair (7)

TOTAL 25 MARKS

Question 3

- a) Match the key terms to the appropriate description
 - A. fibrous joint
- B cartilaginous joint

C. synovial joint

- 1. exhibit a joint cavity
- 2. types are sutures
- 3. bones connected by collagen fibres
- 4. types include sychondroses
- 5. all are diarthrotic
- 6. many are amphiarthrotic
- 7. bones connected by a disc of hyaline cartilage or fibrocartilage
- 8. nearly all are synarthrotic
- 9. types include symphises
- 10. shoulder, hip and elbow joints

(5 marks (1/2 each)

- b) Name the 10th cranial nerve and its effect on five organs of the abdomen (5 marks)
- c) Describe the sequence of excitation of the heart (15 marks)

TOTAL 25 MARKS

Question 4

- a) Describe the life cycle of red blood cells.
- (10 marks)
- b) Describe the chemical digestion of carbohydrates (10 marks)
- c) State the substances reabsorbed in the Loop of Henle and the mechanism by which they are absorbed. (5 marks)

TOTAL 25 MARKS