

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
FINAL EXAMINATION QUESTION PAPER MAY, 2006

TITLE OF PAPER : INTRODUCTION TO MIDWIFERY
COURSE CODE : NUR 300
DURATION : TWO (2) HOURS
TOTAL MARKS : 75
INSTRUCTIONS : 1. ANSWER ALL QUESTIONS
2. FIGURES IN BRACKETS INDICATE MARKS ALLOCATED FOR EACH OR PART OF A QUESTION
3. ANSWER EACH QUESTION ON A NEW PAGE

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**FINAL EXAMINATION
NUR 300 INTRODUCTION TO MIDWIFERY**

Question 1

1.1 Zandi is 26 weeks gestation, gravida 2 para 1. She has come for her first antenatal care visit. As a midwife, you conduct the first antenatal care examination.

1.1.1 Describe the obstetric history you will take from Zandi (10)

1.2 Briefly describe five examinations that are done during antenatal care (5)

1.3 Describe the management of constipation in pregnancy (2) (½ mark each point)

1.4 Kwazi is a multigravid women (gravida 4, para two). She has come for her third antenatal care visit. According to her ANC card, her gestation is 27/40. According to your own observation, Kwazi looks obese. After conducting the abdominal examination, you are still not sure of her height of fundus, presentation and position of the fetus.

1.4.1 Describe five conditions that would make it difficult to determine the fundal height during abdominal examination (5)

1.5 Identify three function of the pelvic floor (3) any three

(25 marks)

Question 2

2.1 Describe the process of fetal development from fertilization (fusion of spermatozoa and oocyte) to implantation in the uterus (15)

2.2 Lona is a primigravid woman from Manzana. She has come for her forth antenatal care visit. She arrives at the clinic at 12 MD. According to her LMP, she is supposed to be 33/40. She reports that she has not felt any fetal movement since morning.

2.1.1 Describe your management in trying to establish the reason why Lona has not felt any fetal kicks (6)

2.1.2 Lona's LMP was 12 January, 2005

2.1.2.1 Describe four methods you can employ to come up with Lona's EDD (expected date of delivery) (4)

(25 marks)

Question 3

3.1 Name **six probable signs** of pregnancy and **four positive signs** of pregnancy (10)

3.2 Discuss the midwifery management of the following during pregnancy:

- 3.2.1 morning sickness (4)
- 3.2.2 Ankle oedema (3)
- 3.2.3 leg cramps (3)
- 3.2.4 haemorrhoids (5)

(25 marks)

TOTAL 75 MARKS