

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF GENERAL NURSING
FINAL EXAMINATION MAY 2006

COURSE CODE	NUR 315
COURSE TITLE	ASPECTS OF COMMUNITY HEALTH NURSING
DURATION	THREE (3) HOURS
TOTAL MARKS	100

INSTRUCTIONS

1. ANSWER ALL QUESTIONS
2. FIGURES IN BRACKETS INDICATE THE NUMBER OF MARKS ALLOCATED PER QUESTION, OR A PART THEREOF.
3. READ THE QUESTIONS CAREFULLY.
4. WRITE LEGIBLY.

PLEASE DO NOT TURN OVER THIS PAGE UNTIL PERMISSION HAS BEEN GIVEN BY THE CHIEF INVIGILATOR.

Question 1

Child abuse is reported almost daily in local newspapers.

- 1.1 Define the term child abuse. (2)
- 1.2 Outline any five rights of children. (5)
- 1.3 Identify and describe any five factors that may be responsible for child abuse at family level in Swaziland. (10)
- 1.4 Describe any four ways or strategies that may be employed to eliminate child abuse in the Swazi society. (8)

[25]

Question 2

Malaria remains a public health problem, especially in the low-veld.

- 2.1 Briefly describe the epidemiological triangle (5)
- 2.2 Utilising the primary level of prevention and guided by the epidemiological triangle, describe any ten points you would include in a health education session at a community meeting. (20)

[25]

Question 3

The Swaziland child health card can be used to develop child health promotion educational talks to primary caregivers of children aged 5 years and below. The three areas that may be used to for health education purposes are immunisation, the Road to Health concept, and infant nutrition.

- 3.1 Outline full childhood primary immunisation schedule (according to the Swaziland Expanded Programme of Immunisation). (7)
- 3.2 State any six points you would highlight about the significance of the Road to Health concept. (6)
- 3.3 Define weaning and explain how it is effected so as to avoid disruption in the infant's early patterns. (4)
- 3.4 Describe any five guiding principles of weaning. (10)

[25]

Question 4

Mrs Nyoni is 32 years old and expecting her third child. She has come to the clinic for the usual care expectant mothers receive. The first day of her last menstrual period was the 19th and ended 23rd December 2005. She informs you that she has human immunodeficiency virus (HIV) infection but is not on antiretroviral therapy as yet.

4.1 Briefly outline the four components of antenatal health promotion services that are offered to women in their reproductive years. (4)

4.2 Calculate her estimated date of delivery. (3)

4.3 Outline

4.3.1 the antenatal schedule until her pregnancy reaches term. (4)

4.3.2 the prophylaxis dose (s) of antiretroviral treatment she will need.

(3)

4.4 Identify and describe what family planning method is most appropriate for her. (2) Motivate your choice. (2)

4.5 Outline any seven ways of primary prevention in trying to eliminate the spread of the human immunodeficiency virus infection. (7)

[25]