

UNIVERSITY OF SWAZILAND

FACULTY OF HEALTH SCIENCES

FINAL EXAMINATION MAY 2006

COURSE : NUR 551

TITLE TREATMENT AND MANAGEMENT MODALITIES

DURATION : 3 HOURS

MARKS : 100

INSTRUCTION

1. ANSWER ALL QUESTIONS.
2. WRITE EACH QUESTION ON A SEPARATE SHEET OF PAPER

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QUESTION ONE

Conducting psychotherapy is an important intervention which requires that the therapist is interpersonally prepared for it. This is because psychotherapy is an intervention that focuses on personality changing or positive transformation of the individual's feelings.

Discuss clearly as to how the individual therapist should be prepared intra-personally before taking up a therapeutic session.

[25 marks]

QUESTION 2

During psychotherapy probing is a very important strategy and therefore it must be done by someone who is well trained in psychotherapy. This is because probing facilitates the unfolding of stories relating to the client's concerns. Discuss clearly as to how probing facilitates the flowing of essential information during psychotherapy.

[25 marks]

QUESTION 3

For a therapist to be successful in psychotherapy, all stumbling blocks need to be removed. If not, then the therapeutic session would be a failure.

Discuss five stumbling blocks that you think would be important to minimize before the commencement of a psychotherapeutic engagement.

[25 marks]

QUESTION 4

In psychotherapy certain symptoms in the client should clearly indicate whether the psychotherapeutic intervention is successful.

Discuss as to how the physical, mental, emotional, psychosocial and spiritual help the therapist to understand the impact of the psychotherapeutic intervention.