

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
FINAL EXAMINATION PAPER 2007

TITLE : MENTAL HEALTH PROBLEMS AND SOCIETY

COURSE : NUR 550

DURATION : THREE (3) HOURS

MARKS : 100

- INSTRUCTIONS:**
- 1. ANSWER ALL QUESTIONS**
 - 2. EACH QUESTION CARRIES 25 MARKS**
 - 3. NO PAPER SHOULD BE BROUGHT INTO NOR OUT OF THE EXAMINATION ROOM**
 - 4. BEGIN EACH QUESTION ON A SEPARATE SHEET OF PAPER**

DO NOT OPEN THIS QUESTION PAPER UNTIL PERMISSION IS GRANTED BY THE INVIGILATOR

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Question 1

Stress, if unresolved, can result in death. Discuss. (25)

TOTAL = 25

Question 2

a) Differentiate between substance abuse and substance intoxication. (8)

b) S'bambo was admitted 2 days ago following a road traffic accident in which he sustained a fracture of the right lower limb which has been immobilized on POP. He does not seem to have suffered any more injuries. While taking his vital signs, S'bambo tells you that he was from a party when the accident occurred. He then complains of a severe headache and you note that he is sweating profusely and is tremulous. A few minutes later he starts shouting that snakes are crawling onto his bed wanting to bite him. He is then placed on mechanical restraints. 3 hours later he develops a grand mal fit and on recovering from the fit he exhibits severe memory disturbances and becomes agitated.

i) What is probably wrong with S'bambo? State reasons for your answer. (6)

ii) Discuss the nursing management S'bambo will require. (11)

TOTAL = 25

Question 3

Mawa, a 35-year old bank clerk, has been diagnosed as having neuropsychiatric manifestations of HIV disease.

a) What indicators would have you convinced that indeed Mawa has neuropsychiatric manifestations of HIV/AIDS. (15)

b) Outline the roles of psychiatric mental health nurses in the care of persons living with HIV and AIDS. (10)

TOTAL = 25

Question 4

Outline the impacts poverty and unemployment have on individuals affected and society in general (25)

TOTAL = 25

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