

**UNIVERSITY OF SWAZILAND**

**FACULTY OF HEALTH SCIENCES**

**BACHELOR OF NURSING SCIENCE YEAR 5**

**FINAL EXMINATION PAPER 2007**

**Title of paper: Treatment and management modalities**

**Course code: NUR 551**

**Duration : 3 hours**

**Marks : 100**

**Instructions : Answer all questions  
There are four questions**

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YOUR INVIGILATOR.**

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### **Question 1**

It is important that counselors are well prepared in conducting psychotherapeutic sessions. That is they should be well taught in psychotherapy. Counseling should not be taken as guess work that can be done by any body as long as that person can talk. Discuss, the qualities a psychotherapist should have for effective psychotherapeutic sessions.

**[25 marks]**

### **Question 2**

Counseling can play an effective role in the prevention of the spread of HIV and AIDS. However, it appears counseling has failed to assist clients and/or people to adopt preventive measures against the spread of HIV and AIDS. Describe five factors that are associated with the above failure.

**[25 marks]**

### **Question 3**

Still referring to question 2, discuss clearly five strategies that can be put in place to strengthen the role of counseling in the prevention of the spread of HIV and AIDS.

**[25 marks]**

### **Question 4**

It is essential to establish mental health programmes in schools. These programmes must be conducted by psychiatric nurses. Discuss five reasons supporting the running of mental health programmes in schools by psychiatric nurses.

**[25 marks]**

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