

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
FIRST SEMESTER SUPPLEMENTARY EXAMINATION
JULY 2008

COURSE NUMBER: NUR 316
COURSE TITLE: CHILD HEALTH PROMOTION
TIME ALLOWED: 2 HRS
MARKS ALLOCATED: 75 MARKS

INSTRUCTIONS:

1. THIS PAPER HAS A TOTAL NUMBER OF THREE QUESTIONS.
2. ANSWER ALL THE THREE QUESTIONS.
3. WRITE LEGIBLY.

PLEASE DO NOT OPEN THIS PAPER UNTIL PERMISSION HAS BEEN GRANTED BY
THE INVIGILATOR.

Question 1

For the following questions choose the correct answer.

1. The following characteristics belong to a broadened, inclusionary definition of the word "family".
 - I. Composed of one or more persons.
 - II. Geographic dispersion.
 - III. Emotional involvement
 - IV. Sense of identity
 - a) I, II & III
 - b) I only
 - c) III & IV
 - d) I & II

(1)
2. One of the following statements is correct.
 - a) The family of origin is the family of marriage.
 - b) The extended family includes relatives and friends.
 - c) The family of parenthood is the family into which you were born.
 - d) None of the above.

(1)
3. The family functions to meet its members' needs by:
 - a) Facilitating the personality development of individuals.
 - b) Rearing children.
 - c) Providing recruits for security.
 - d) Serving as a "buffer" between society and the individual.

(1)
4. The following is/are the main reason(s) for working with the family.
 - a) The entire family is affected when a family member is having health problems.
 - b) When working with the whole family, the nurse may discover health problems that other family members are having.
 - c) Promotion of healthy functioning of the whole family will positively affect each family member's health status.

- d) All of the above (1)
5. The following is an/are example(s) of stigmatized families in Swaziland.
- a) Child-headed family
 - b) Cohabiting family
 - c) Gay/lesbian family
 - d) All of the above. (1)
6. Pre-conceptual care is care given:
- a) To mothers and children before the mother falls pregnant.
 - b) To teenage girls who are engaging in pre-marital sex.
 - c) To couples who are planning to have a child.
 - d) None of the above. (1)
7. The following is a/are component(s) of pre-conceptual care;
- a) Health education and promotion
 - b) Counseling on the importance of nutrition
 - c) Counseling on the importance of screening tests
 - d) All of the above (1)
8. Maternal health is important because:
- a) It ensures that the health of women as bread winners is promoted
 - b) It facilitates decision making by the female heads
 - c) The mothers health, in preparation for pregnancy, labour and delivery is promoted
 - d) Infertility is prevented. (1)
9. Single parenthood is caused by the following except:
- a) Choice to remain single
 - b) Paternity denial by some men
 - c) Death of one spouse
 - d) One spouse leaving to further his/her studies. (1)
10. Lesbian couples fail to seek health care services for the following reason(s):
- a) Fear and unpleasantness
 - b) Sensitive attitude of health care providers
 - c) Discrimination and insensitivity to their needs

d) All of the above. (1)

11. The following is a/are risk assessment(s) pre-conceptually:

- a) History taking on social habits
- b) Asking the client about the type of work she does
- c) Asking the client about the medical conditions that prevail in the family
- d) All of the above. (1)

12. Write TRUE or FALSE for the statements that follow:

- a) There is no problem in marrying a man who is AB +ve when one is AB -ve. (1)
- b) The gonorrhoea causing micro-organisms are transmitted to the baby's eyes in utero. (1)
- c) A child who is HIV +ve may be only having antibodies against the virus and not the virus per se. (1)
- d) Paternal smoking is teratogenic in pregnancy even if the pregnant woman does not smoke. (1)
- e) The optimal goal of maternal health is to cure maternal health problems. (1)
- f) Maternal health is family centered and views the family as the primary unit of care. (1)
- g) Maternal health care begins during pregnancy and ends at delivery. (1)
- h) In maternal health care it is not advisable to take family history. Motivate your response. (3)

13. For the following statements fill in the blank spaces by writing the letter and the missing word, e.g 11. a. Honolulu.

- a) Family planning is a method aimed at-----unintended---- (2)
- b) Maternal mortality is death occurring to ----- (1)
- c) Neonatal death is death of a child during----- (1)

Total = 25 marks

Question 2

Maternal health is family centered and for that reason, the family, which has a defined structure, is viewed as a primary unit of care.

- a) Define the word “family” in today’s context. (1)
- b) List any four elements that make up the family structure (2)
- c) Discuss the importance of knowing the following in community health nursing:
 1. Family size (4)
 2. Communication patterns (4)
 3. Family belief system (4)
- d) Family functions have changed over time
 1. List any four family functions (2)
 2. Discuss how the following societal changes have affected family life.
 - Technological advances (4)
 - Economic trends (4)

Total = 25 marks

Question 3

One most important strategy that has contributed immensely to the promotion of family health especially at maternal and child health levels is the GOBIFFFF strategy.

- a) State what each acronym stands for. (3.5)
- b) Family planning is believed to have a great influence on maternal as well as family health. List three family planning methods you know. (1.5)
- c) Describe three advantages of using a condom as a family planning method. (6)
- d) Before administering hormonal contraceptives to a client, high risks factors must be checked.
 1. List four conditions that may pause as risks for hormonal contraceptives. (2)
 2. What advice would you give to a client who chooses hormonals yet contra indicated for their use? (2)

e) Family planning, as one of the interventions used in reproductive health, has contributed a lot of benefits in reducing a lot of maternal health problems.

- Define family planning (1)
- Describe three benefits of reproductive health interventions using family planning. (9)

Total = 25 marks