UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
SECOND SEMESTER FINAL EXAMINATION
MAY 2008

COURSE NUMBER: NUR 317
COURSE TITTLE: CHILD HEALTH PROMOTION
TIME ALLOWED: 2 HRS
MARKS ALLOCATED: 75 MARKS

INSTRUCTIONS:

1. THIS PAPER HAS A TOTAL NUMBER OF THREE QUESTIONS.
2. ANSWER ALL THE THREE QUESTIONS.
3. WRITE LEGIBLY.

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THE INVIGILATOR.

Question One

There are many children who are in difficult circumstances throughout the world, Swaziland inclusive.

1.1   Define the term 'difficult circumstances'. (4)

1.2   List any four types of children who are classified as being in difficult circumstances. (4) (Please just list – no descriptions)

1.3   Select one of the four examples you have given in answer 1.2 and describe how such a difficult circumstance impinge on the child. (4)

1.4   Describe any four issues that are implicated in the example you have given in answer 1.3. (8)

1.5   Outline any five points about how you would try and reduce this phenomenon (5)

[25 points]

Question Two

Health education is an essential component of child health promotion. You are to give health education to a group of mothers about the significance of the growth curve in the child health card, benefits of family planning and anticipatory guidance on developmental milestone.

2.1 Describe any five points about the growth curve in the child health chart. (10)

2.2 Identify and outline any five benefits to the child when its parents use scientific family planning methods effectively. (10)

2.3 List any ten developmental milestones of an infant during the first twelve months of life. (5)

[25 points]

Question Three

Infant weaning is a universal phenomenon.

3.1 Define the term weaning. (2)

3.2 State one reason why weaning is implemented. (1)

3.3 Identify and outline any four challenges that may be encountered by primary caregivers when weaning infants. (8)

3.4 Describe any seven principles or guidelines of weaning (14)

[25 points]