

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
BACHELR OF NURSING YEAR 4 HEALTH SCIENCES**

FINAL EXAMINATION PAPER 2008

**TITLE OF PAPER : NORMAL PSYCHOLOGICAL
DEVELOPMENT.**

COURSE CODE : NUR 453

TIME : 2 HOURS

MARKS ALLOCATION: 75

**INSTRUCTIONS : THIS PAPER CONSISTS OF FOUR
QUESTIONS.**

**ANSWER THREE QUESTIONS.
DO NOT OPEN THIS PAPER UNTIL TOLD
TO DO SO.**

QUESTION 1

During child growth and development assimilation and accommodation play a very important role in influencing the different parts development of the individual.

1. Explain as to how assimilation influences the physical, mental and emotional development of the individual. Five (5) marks for each part.
2. Explain as to how accommodation influences the psychosocial and spiritual parts of personality. Five (5) marks for each part.

[25 marks]

QUESTION 2

Negative accommodation can cause impairment of child growth and development among young individuals. Discuss clearly as to how negative accommodation can cause impairment in normal psychological growth in children.

QUESTION 3

Normal psychological growth can be severely affected by certain factors during pregnancy and delivery.

- a) Discuss three factors affecting normal psychological growth during pregnancy. Five (5) marks for each factor.
- b) Discuss two factors affecting normal psychological growth during delivery. Five (5) for each part.

[25 marks]

QUESTION 4

Parental stumbling blocks could cause some setbacks in the development of adolescents in a number of families.

Discuss five stumbling blocks that prevent families from promoting mental health of adolescents in families. Five (5) marks for each stumbling block discussed.

[25 marks]