

UNIVERSITY OF SWAZILAND

FACULTY OF HEALTH SCIENCES

DEPARTMENT OF GENERAL NURSING

SEMESTER 1 EXAMINATION - DECEMBER, 2007

TITLE OF THE PAPER : Theoretical Basis of Nursing

COURSE CODE : NUR 507

MARKS ALLOCATED : 75

TIME ALLOWED : Two (2) hours

INSTRUCTIONS

1. Read questions carefully
2. Answer all questions
3. Each question carries 25 marks
4. Write legibly

DO NOT OPEN UNTIL PERMISSION HAS BEEN GRANTED BY THE INVIGILATOR

QUESTION 1

1. Which theorist viewed the manipulation of physical environment as a major component of nursing care?
 - a. Virginia Henderson
 - b. Betty Neuman
 - c. Florence Nightingale
 - d. Calista Roy

2. Florence Nightingale was born in which date of the following dates?
 - a. in August 1859
 - b. In May 12th 1820
 - c. in October 7th 1851
 - d. in July 6th 1850

3. Dorethea Orem's Self -Care deficit theory of nursing is composed of:
 - a. self-care, self-care deficit, nursing systems
 - b. self-care, self-care agency and universe self-care
 - c. maintenance of sufficient intake of air
 - d. basic conditioning factors and therapeutic self-care

4. Descriptive theories:
 - i. are theories that address nursing therapeutics and consequences of interventions
 - ii. describe a phenomena, an event, a situation or relationships
 - iii. may also focus on the environment
 - iv. composed of two types of theories called factor isolating and explanatory theories

Which of the above information is correct in describing descriptive theories?

- a. ii and iii
- b. ii and iv
- c. ii, iii and iv
- d. all of the above

interaction

5. Which theorist can best be classified under the ~~or~~ interaction oriented category ?

- a. Florence Nightingale
- b. Imogene King
- c. Callista Roy
- d. All of the above

6. Which theorist can best be classified under the systems – oriented category ?

- a. Margaret Newman
- b. Betty Neuman
- c. Erickson
- d. All of the above

7. Which theorist can best be classified under the needs/problem oriented category ?

- a. Hildegard Peplau
- b. Ida Orlando
- c. Myra Levine
- d. Faye Abdellah

8. According to this theorist, disease, pathology and health are value terms, health was not addressed in her theory.

- a. Dorothea Orem
- b. Florence Nightingale
- c. Martha Rogers
- d. Virginia Henderson

9. Whose work has a major shortcoming of lack of conceptual linkage between physiological and other human characteristics?

- a. Margaret Newman
- b. Betty Neuman
- c. Martha Rogers
- d. Virginia Henderson

10. Whose work has a major strength that specifically defines when nursing is needed?

- a. Virginia Henderson
- b. Martha Rogers
- c. Hildegard Peplau
- d. Dorothea Orem

11. This theorist defines environment as all conditions, circumstances and influences that surround and affect the development and behaviour of persons and groups.

- a. Martha Rogers
- b. Myra Levine
- c. Callista Roy
- d. Jean Watson

12. According to this theorist, curing disease is the domain of medicine.

- a. Florence Nightingale
- b. Virginia Henderson
- c. Martha Rogers
- d. Jean Watson

13. Human beings according to Orem are distinguished from other living things by their capacity to :

- a. Reflect upon themselves
- b. Function physiologically, psychologically and interpersonally
- c. Symbolize what they experience
- d. Six symbolic creations

14. Florence Nightingale's notes on Nursing was developed between :

- a. 1859 – 1992
- b. 1950's
- c. In the 60's
- d. 1988 – 1992

15. Nursing has to put the patient in the best environment for nature to act upon him. This statement best describes which theorist?

- a. Virginia Henderson
- b. Margaret Newman
- c. Dorothea Orem
- d. Florence Nightingale

16. The world view

- a. Is also called the received view.
- b. Is also known as the positivist view
- c. Its logical empiricism is^{AS} opposed by the perceived view
- d. Is relatively value free.

17. Which theorist was born in 1914 in Baltimore, Maryland and did her education at province Hospital School of Nursing?

- a. Florence Nightingale
- b. Dorothea Orem
- c. Virginia Henderson
- d. Hildegard Peplau

18. When was the need to prepare nurses at graduate level for administrative and faculty positions recognized?

- a. In the 1800's
- b. In the 1930's
- c. In the 1940's
- d. In the 1950's

19. The Yale School moved from a problem/need and functional role focus to the relationship between the nurse and the patient:

- a. In the 1970's
- b. In the 1980's
- c. In the 1960's
- d. In the 1900's

20. Which one of the following theorists changed the language of her theory from Man Living Health to the theory of Human Becoming?

- a. Florence Nightingale
- b. Callista Roy
- c. Virginia Henderson
- d. Parse

21. In 1952-1988 Hildergard Peplau published *Interpersonal Relations in Nursing* and referred to her book as:
- a. partial theory for the practice of nursing
 - b. interpersonal process
 - c. therapeutic process
 - d. orientation phase
22. Hildergard Peplau began her career in nursing in:
- a. 1943
 - b. 1947
 - c. 1931
 - d. 1953
23. Which theorist participated in a project to improve practical (vocational) nurse training?
- a. Dorothea Orem
 - b. Hildergard Peplau
 - c. Virginia Henderson
 - d. Dorothy Johnson
24. Which theorist described nursing as based on art and science that mould attitudes, intellectual competencies and technical skills of the individual nurse into the desire and ability to help people, sick or well, cope with their health needs?
- a. Jean Orlando
 - b. Faye Abdellah
 - c. Ernestine Wiedenbach
25. Which theorist described nursing as a clinical discipline, practice discipline designed to produce explicit desired results?
- a. Florence Nightingale
 - b. Virginia Henderson
 - c. Ernestine Wiedenbach
 - d. Jean Orlando

QUESTION 2

- a. Discuss the usefulness of theories in the nursing profession [10]
- b. From the following events of the milestone in theory development discuss what took place and relate it to the present situation of the nursing profession in your country.
- a. Prior to 1955: From Florence Nightingale to nursing research
- b. 1955-1960: The birth of the nursing theory
- c. 1961-1965: Theory a national goal in nursing
- c. 1971-1975: Theory syntax
- d. 1981-1985: Nursing theory renewal [15]

QUESTION 3

- a. Discuss Peplau's work in relation to the following characteristics of a theory:
- i. theories can interrelate concepts in such a way as to create a different way of looking at a particular phenomena
- ii. theories must be logic in nature
- iii. theories can be the base hypothesis that can be tested or theory to be explained
- iv. theories must be consisted with other validated theories, laws and principles but leave open unanswered question to be investigated. [13]
- b. Discuss Peplau's Phases in nursing [12]

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