

**UNIVERSITY OF SWAZILAND  
FACULTY OF HEALTH SCIENCES**

**(FIRST SEMESTER)  
FINAL EXAMINATION PAPER  
DECEMBER 2007**

**COURSE CODE: NUR 520**

**COURSE TITLE: COMMUNITY HEALTH NURSING III**

**TIME ALLOWED: 2 HOURS**

**MARKS ALLOCATED: 75**

**INSTRUCTION**

- 1) THIS PAPER CONTAINS THREE (3) QUESTIONS.**
- 2) ANSWER ALL THREE (3) QUESTIONS**
- 3) EACH QUESTION IS TO BE ANSWERED ON A SEPARATE SHEET OF PAPER**

## QUESTION 1

Choose the most correct answer(s) for the following statements:

1. The family developmental approach seeks to explain family dynamics in terms of its:

- a) Unique elements
- b) Common elements in its history as a family
- c) Both common and unique elements of family history
- d) None of the above

2. The stages of family life cycle are defined by Duvall in terms of:

- a) The ages of parents
- b) Years of marriage
- c) The age and school placement of the first child
- d) The age and school placement of all the children

3. Indicate whether the following descriptions are *structural dimensions* or *family functions*.

- a) Roles of two adult family members (1)
- b) Reproduction (1)
- c) Communication patterns (1)
- d) The provision of adequate economic support (1)
- e) The family' decision making power (1)
- f) The family's value system (1)
- g) Care giving for family members (1)
- h) The provision of adequate housing (1)
- i) The number of family members (1)
- j) Love for the family members (1)

4. Complete the following outline

Family developmental stage	Definition of the stage
a) Beginning family	(1)
b)	Oldest child is 30-60 months (1)
c) Child bearing	(1)
d)	Empty nest (1)
e) Launching family centre	(1)
f)	Oldest child is 156-240 months (1)
g) Family in retirement	
h)	Oldest child is 72-156 months (1)

5. Match the following statements on the left with those on the right by writing:

a) 1.

a) Rediscovery of couple as husband and wife	1. Beginning families 2. Families with teenagers
b) Releasing family members into hives of their own	3. Child bearing families 4. Families wit pre-scholars
c) Dealing with death of a spouse	5. Families as launching centers
d) Beginning of loosening family ties	6. Families in middle years
e) Establishing a home base	7. Beginning families
	8. Families in later years (5)

**TOTAL MARKS.....[25]**

## **QUESTION 2**

Aging is a normal human phenomenon that is sometimes surrounded by myths.

- a) Define myths.....[1]
- b) Describe two myths that surround aging.....[6]
- c) Describe three physical changes that are associated with the aging process.....[9]
- d) Violence in its highest level is common when it comes to the elderly people.  
Describe three forms of elderly abuse.....[9]

**TOTAL MARKS.....[25]**

## **QUESTION 3**

**Read the given passage carefully and answer the questions that follow:**

Lungile Sophazi is participating in a support group for parents living with adolescents.

Lungile and her husband feel that they are having a difficult time in raising their last child, a 16 year old active boy. This boy has two siblings; an 18 year old sister who will soon leave home for a college which is 500Km away from home and a 24 year old boy who is about to get married to a Zionist girl while he is a Catholic by religion. The thought that their son is marrying somebody with a different religious culture, stresses the parents who are also stressed by the fact that their only girl will be staying very far from home. The most stressful thing to the parents is the recent change in behavior of their 16 year old son who has decided to team up with a group of hooligans in the area. This confuses the parents because they have known their son to be compliant and dedicated to his school work.

a) Identify the developmental stage of this family stating the rationale for your response.....[3]

b) Describe three developmental tasks that this family has to achieve for the developmental stage identified above.....[9]

c) Describe three family conflicts that may exist in this family.....[9]

d) Identify four resources that you would recommend to the family in order to assist them in meeting their developmental needs.....[4]

**TOTAL MARKS.....[25]**