

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
(SECOND SEMESTER)
FINAL EXAMINATION PAPER

MAY 2009

COURSE: NUR 317
COURSE TITLE: ASPECTS OF COMMUNITY HEALTH
(Child Health Promotion)
TIME ALLOWED: 2 HOURS
MARKS ALLOCATED: 75 MARKS

INSTRUCTIONS:

- 1. THIS PAPER CONTAINS ONLY THREE QUESTIONS**
- 2. ANSWER ALL THE THREE QUESTIONS**
- 3. ALL THE QUESTIONS CARRY THE SAME MARKS**
- 4. WRITE LEGIBLY**

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GRANTED BY THE CHIEF INVIGILATOR**

QUESTION 1

The Ntuli couple has an infant who is four and a half months old and is gradually weaned from the mother's breast.

- 1.1 Define the term "weaning". (1)**
- 1.2 Describe seven weaning guidelines/principles. (14)**
- 1.3 Discuss two challenges that may be encountered by the couple during the weaning process. (6)**
- 1.4 Define the term "weaning with early cessation" and mention one circumstance where this process takes place. (4)**

TOTAL MARKS = 25

QUESTION 2

Read the given passage and answer the questions that follow.

Hlengi, a 25 year old single parent comes to your clinic for ante natal care services. She reports that she is 20 weeks pregnant. On screening her for HIV, she is found to be positive. As a nurse, you become concerned about the unborn child's health. You then begin to educate and counsel Hlengi regarding infant feeding. After counselling her, she chooses to exclusively breast feed her child with early cessation.

- 2.1 Differentiate between educating and counselling. (4)**
- 2.2 Describe six desirable features of the breast milk and breast feeding. (12)**
- 2.3 Describe four practical issues related to breast feeding. (8)**

2.4 Define the term “exclusive breast feeding”.

(1)

TOTAL MARKS = 25

QUESTION 3

Owing to many reasons, more and more children under the age of five years are being raised by their grand parents. Figure 1 displays the growth curve of a year old Siviwe who is taken care of by his grandmother since the age of three months when breast feeding was discontinued.

3.1 Describe four most important questions you would ask the grandmother about the child in relation to what you see on the growth chart stating the reasons for asking them.

(8)

3.2 Mention the immunizations that have been received by this child at his age, stating the age, the dosage, the site and route of administration.

(6)

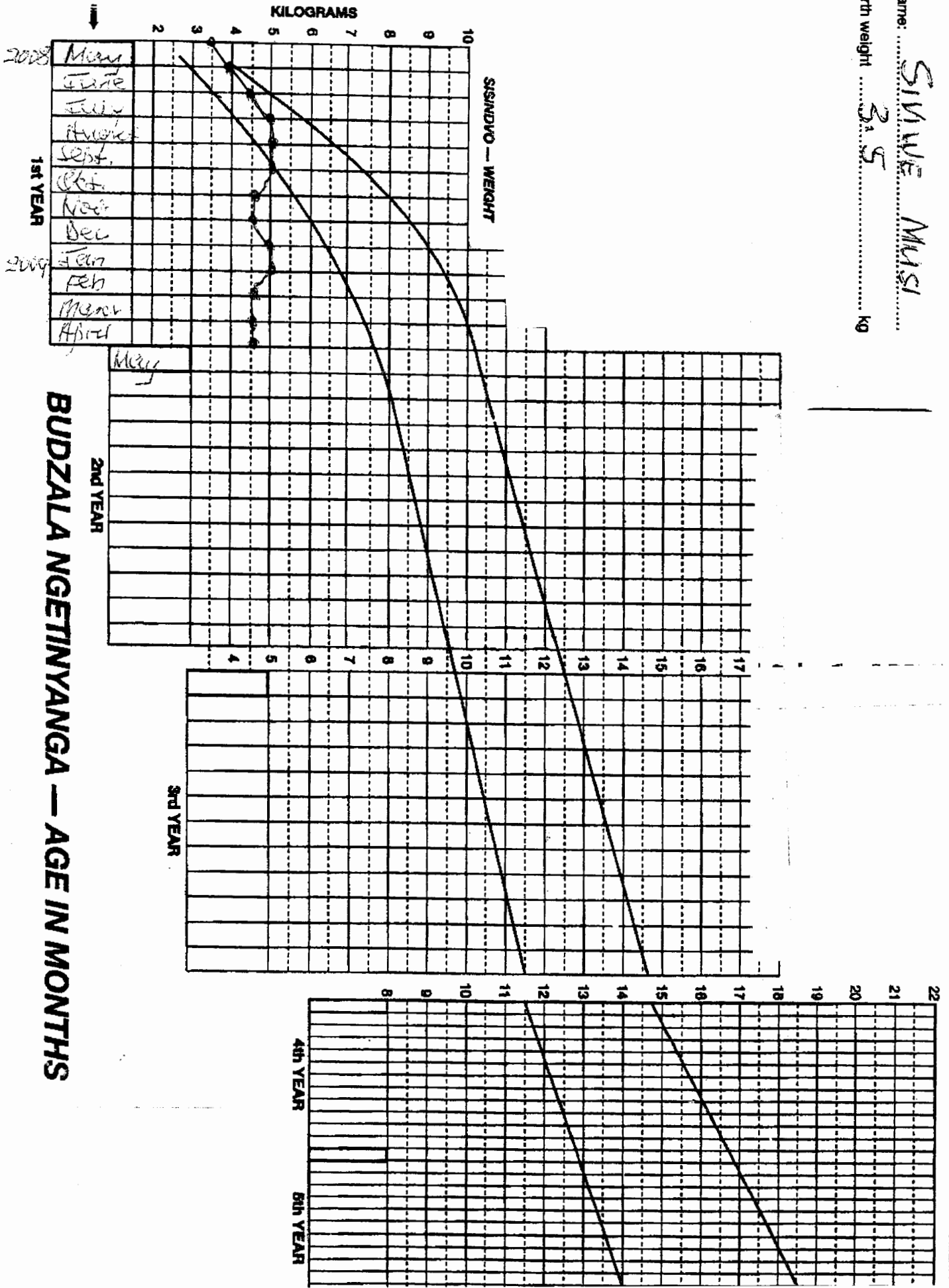
3.3 Discuss the advice you would give to the grandmother regarding the child’s management.

(11)

TOTAL MARKS = 25

Name: SIVWE MASI
 Birth weight: 3.5 KG

WRITE THE MONTH OF BIRTH IN THE HEAVILY MARKED BOX



BUDZALA NGETINYANGA — AGE IN MONTHS

Figure 1