

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES

(FIRST SEMESTER)

SUPPLEMENTARY EXAMINATION PAPER
DECEMBER, 2008

COURSE: NUR 350

**COURSE TITLE: INTRODUCTION TO MENTAL
HEALTH/PSYCHIATRIC NURSING**

TIME ALLOWED: 2 HOURS

MARKS ALLOCATED: 75

INSTRUCTIONS:

- 1. THIS PAPER CONTAINS THREE QUESTIONS**
- 2. ANSWER ALL QUESTIONS**
- 3. ANSWER EACH QUESTION ON A SEPARATE SHEET OF PAPER**

**PLEASE DO NOT OPEN THIS QUESTION PAPER UNTIL
PERMISSION HAS BEEN GRANTED BY THE INVIGILATOR**

QUESTION 1

A. **Matching questions:** Match the word in column A with the correct description in column B: e.g. 60=R (1 point each)

Column A	Column B
1. Akathisia	A. Slow robot-like movements
2. Neuroleptic malignant syndrome	B. Spasms of large muscles of the neck
3. Tardive dyskinesia	C. A tricyclic antidepressant
4. Oxazepam	D. Constant state of movement seen as restlessness
5. Imipramine	E. Anticonvulsant with mood stabilising properties
6. Phenelzine	F. An example of benzodiazepine
7. Acute dystonic reaction	G. Symptoms include hyperpyrexia, altered consciousness and severe muscle rigidity
8. Olanzapine	H. An MAOI antidepressant
9. Tegretol	I. Abnormal involuntary rhythmic movements of extremities
10. Akinesia	J. An atypical antipsychotic drug
	K. An antiparkinsonism agent

- B. What general nursing implications should the mental health nurse observe for the following drugs?
- i. Antimanic agents (Mood stabilisers)
 - ii. Antiparkinsonism agents
 - iii. Antipsychotic agents

[Total marks 25]

QUESTION 2:

Outline the presenting features of the following conditions:

- i. Obsessive-compulsive disorder (6)
- ii. Schizophrenia (5)
- iii. Post traumatic stress disorder (4)
- iv. Schizotypal personality disorder (10)

[Total marks 25]

QUESTION 3:

Musa, a 24 year old unemployed male is brought to you because he complains of fatigue, not sleeping at night, forgetfulness and loss of appetite. Relatives further reveal that Musa has lost significant amount of weight, isolates himself and has bouts of crying uncontrollably for no apparent reason and this has been going on and off for the last 9 months. He has been admitted once before for the similar episode. On physical examination you find nothing abnormal with him. Mental status examination findings include thought blocking, depersonalization and suicidal ideation.

- a) What is probably wrong with Musa? Motivate your answer (5)
- b) Using the nursing process make two nursing diagnoses that you believe is a major priority areas, and develop a care plan for Musa (20)

[Total marks 25]