

**UNIVERSITY OF SWAZILAND  
FACULTY OF HEALTH SCIENCES**

**DEPARTMENT OF COMMUNITY HEALTH NURSING SCIENCE**

**FINAL EXAMINATION PAPER**

**(SECOND SEMESTER 2009)**

**TITLE OF PAPER: COMMUNITY HEALTH NURSING (1)**

**COURSE CODE: NUR 407**

**TIME ALLOWED: TWO (2) HOURS**

**MARKS ALLOCATED: 75 MARKS**

**INSTRUCTIONS:**

- **Read the instructions and questions carefully**
- **Answer all three questions asked**
- **Each question has a weighting of 25 marks**

**DO NOT OPEN THIS QUESTION PAPER UNTIL PERMISSION IS  
GRANTED BY THE INVIGILATOR.**

## QUESTION ONE

The Zwane's (a couple) have been married for five years. Last month, the Ministry of Health and Social Welfare offered HIV testing to every one in their community. They agreed to be tested and now they have returned for their results. As a clinic nurse you have their results. One of them is HIV negative and the other is HIV positive.

- a) What three (3) issues will you discuss with the partner whose test is negative?.....(3 marks)
  
- b) How will you tell the partner who is HIV positive?.....(12 marks)
  
- c) What would you counsel the negative person about.....? (10 marks)

Total..... (25 marks)

## QUESTION TWO

Malaria is still a public health problem in the low veld in Swaziland despite the preventive and control efforts that are made by the malaria control unit which is based in Manzini.

Discuss measures that a community health nurse would apply in an endeavor to reduce this disease at the following levels of disease interception:

- I. Primary level.....(20 marks)
  
- II. Secondary level.....(5 marks)

Total.....(25 marks)

### QUESTION THREE

Mr. Simelane, a 35 year old male who lives at Msunduza, has been sick for the past 2 months presenting with diarrhea, loss of appetite, oral thrush and has lost considerable weight. You have been informed that her wife passed away eight months ago. Further history reveals that Simelane has been treated for pulmonary Tuberculosis before but defaulted because he believed the medication was not going to help him.

As part of your community practicum, you have been asked to develop a health education plan based on his clinical presentation that you will present to Mr. Simelane and his family.

Using the Health Belief Model as your framework, outline your plan, summarizing your presentation with the key messages you want to convey to the family and particularly Mr Simelane.

Total..... (25 marks)