

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
GENERAL NURSING DEPARTMENT
FINAL EXAMINATION: MAY 2010

COURSE TITLE: FUNDAMENTALS OF NURSING
COURSE CODE: NUR 101
TIME ALLOCATED: TWO (2) HOURS
MARKS ALLOCATED: 75

INSTRUCTIONS:

1. THERE ARE TWO SECTIONS IN THIS PAPER.
 - i) SECTION 1 A. IS MULTIPLE CHOICE
B. IS MATCHING
 - ii) SECTION 2 IS SHORT ANSWERS AND ESSAYS
2. PLEASE ANSWER ALL SECTIONS
 - ii) SECTION 1 CARRIES 25 MARKS
 - ii) SECTION 2 CARRIES 50 MARKS
3. USE ANSWER SHEET FOR ALL YOUR ANSWERS
4. AT END OF EXAMINATION, RETURN ANSWER SHEET AND QUESTION PAPER.
5. DO NOT OPEN QUESTION PAPER UNTIL PERMISSION HAS BEEN GRANTED BY INVIGILATOR.

SECTION 1 A: MULTIPLE CHOICE.

1. All nurse theorists studied in this class excluded this component.
 - A. Illness
 - B. person
 - C. Environment
 - D. Nursing
2. Commonly used site for taking adult pulse
 - A. Apical
 - B. Brachial
 - C. Radial
 - D. Temporal
3. The normal range of adult respiration.
 - A. 15 – 20
 - B. 30 – 80
 - C. 15 – 20
 - D. 12 – 20
4. Florence Nightingale's theory focuses on.
 - A. Illness
 - B. Environment
 - C. Military
 - D. Hospitals
5. Apical pulse is assessed through:
 - A. palpation
 - B. manipulation
 - C. Auscultation
 - D. None of the above
6. The average adult blood pressure is.
 - A. 90/60
 - B. 90/ 140
 - C. 120/80
 - D. 130/ 90

7. PPE stands for this protective clothing...
- A. Gown
 - B. Apron
 - C. gloves
 - D. Gown, Apron and gloves
8. Dorothea Orem's theory is based on...
- A. Partial compensatory
 - B. Wholly compensatory
 - C. Environmental factors
 - D. Self care deficit.
9. Turning a client in bed using a draw sheet help:
- A. Reduce friction on client's skin.
 - B. Reduce strain on the health care provider's back.
 - C. Both and B
 - D. All of the above
10. Negligence in the nursing profession means.
- A. Knowingly failure to deliver appropriate nursing care.
 - B. Unknowingly failure to deliver appropriate nursing care to clients.
 - C. Both A and B
 - D. None of the above.
11. Morden health care professionals exclude...
- A. Nutritionist
 - B. Physicians
 - C. Occupational therapist
 - D. Boarders
- 12 TID means
- A. Three times a day
 - B. Once a day
 - C. Four time a day
 - D. Twice a day

13. QD means

- A. Three times a day
- B. Once a day
- C. Four time a day
- D. Twice a day

14. PRN means

- A. As needed
- B. Per registered nurse's order
- C. Both A and B
- D None of the above

15. This is an example of therapeutic communication.

- A. Empathy
- B Sympathy
- C. SOLAR
- D. Both A and C

SECTION 1 B MATCHING

Choose the most appropriate response from column 2.

Column 1	Column 2
1. Health care associated infection	A. Caring for a new client.
2. Position used for an unconscious client	B. Philosophy of nursing
3. Caring and respect.	C. Trendelenburg position
4. Hands must be washed before	D. Sterile procedure
5. Surgical asepsis	E. Nosocomial infection
6. Position used for clients after syncope	F. Coma position
7. Pyrexia	G. Most effective method for infection control
8. Disinfection	H. Chemical agent that destroy micro-organism on organic substances.
9. Antiseptic	I. Destroy micro-organisms on trolleys
10. Hand washing	J. Temperature above normal range

TOTAL 25 MARKS

SECTION 2 SHORT ANSWERS AND ESSAYS.

QUESTION 1

A. Define the following terms.

1. Vital signs
2. Communication
3. Nursing Practice
4. Infection Control
5. Nursing according to Dorothea Orem

(10 MARKS)

B. Mrs Florence Smith is bed ridden for the past two months in your health care facility. Your role is to provide nursing care to Florence. Describe the knowledge you will need before moving the client; and state why the client need repositioning.

(10 MARKS)

C. State five situations when client temperatures need to be assessed.

(5 MARKS)

QUESTION 2

A. Traditionally nurses take a pledge of service, quote the Florence Nightingale Pledge.

(15 MARKS)

B. Discus five levels of communication

(10 MARKS)