

**UNIVERSITY OF SWAZILAND**  
**FACULTY OF HEALTH SCIENCES**

**(FIRST SEMESTER)**

**FINAL EXAMINATION PAPER**

**DECEMBER 2009**

**COURSE CODE: NUR 316**

**COURSE TITLE: ASPECTS OF COMMUNITY HEALTH – MATERNAL  
HEALTH**

**TIME ALLOWED: 2 HOURS**

**TOTAL MARKS: 75**

**INSTRUCTIONS:**

- 1) THIS PAPER CONTAINS THREE QUESTIONS.**
- 2) ANSWER ALL THREE QUESTIONS**
- 3) EACH QUESTION IS TO BE ANSWERED ON A SEPARATE SHEET OF PAPER**

**PLEASE DO NOT OPEN THIS PAPER UNTIL PERMISSION HAS BEEN GRANTED BY THE INVIGILATOR**

## QUESTION 1

- a. Briefly explain the physical examination carried out during antenatal care

[10 marks]

- b. State five (5) risks that contribute to Mother – To- Child Transmission during the following period;

- Pregnancy
- Labour & delivery, and
- Breastfeeding

[15 marks]

**TOTAL MARKS - 25**

## QUESTION 2

- a. Family violence is a common occurrence in the Swaziland. Explain two (2) theories associated with violence and give examples.

[10 marks]

- b. State two (2) pregnancy high risk factors associated with each of the following;

- Demographic factors
- Socio – personal factors
- Viral or bacteria infections
- Obstetric factors
- Existing medical conditions.

[10 marks]

- c. State five (5) factors that influence maternal health

[5 marks]

**TOTAL MARKS - 25**

### **QUESTION 3**

Discuss the important considerations when teaching about family planning

[15 marks]

Give five (5) advantages of using oral contraceptives

[5 marks]

Mention five (5) factors affect family planning method of choice for HIV positive women?

[5 marks]

**TOTAL MARKS - 25**