

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF GENERAL NURSING
MAIN EXAMINATION (MAY 2010)**

| | |
|-----------------------|-------------------------------|
| COURSE CODE | NUR 317 |
| COURSE TITLE | CHILD HEALTH PROMOTION |
| NO OF STUDENTS | 36 |
| DURATION | THREE (3) HOURS |
| TOTAL MARKS | 75 |

INSTRUCTIONS

1. ANSWER **ALL THREE** QUESTIONS.
2. WRITE ALL YOUR ANSWERS IN THE PROVIDED ANSWER BOOKLET.
3. READ THE QUESTIONS THOROUGHLY AND THOUGHTFULLY.
4. **WRITE LEGIBLY**
5. FIGURES IN BRACKETS REPRESENT MARKS ALLOCATED PER QUESTION OR A PART THEREOF.

**DO NOT OPEN THIS PAPER UNTIL PERMISSION HAS BEEN GIVEN BY
THE CHIEF INVIGILATOR**

QUESTION 1

Health education is an element of primary health care (PHC) and emphasized in the primary level of prevention. It is used to empower among individuals, families, groups and communities with knowledge, attitudes and skills. Course NUR 317 is concerned with promoting the health of children aged 0 through 5 years/ the under five-year olds.

1.1 List eight elements of PHC. (1/2 x 8 = 8)

1.2 Briefly name the three aims of child health promotion. (1/2 x 6 = 6)

1.3 Guided by the concept of 'Road to Health', describe any four points you would include in a health education session with a group of mothers of under five-year old children about the growth of their child on the child health card.

(2 x 4 = 8)

1.4 Describe any five psycho-social factors that may contribute toward poor nutritional status among under five-year old children. (10).

[25 marks]

QUESTION 2

In *siSwati*, *Umntfwana ungumliba loya embili* (Children are an investment for the future). This significant statement conveys the value of children in the Swazi society. Yet, the reality of the situation is the opposite, Child abuse in Swaziland is rampant in spite of the fact that the Government of Swaziland ratified the Convention of the Rights of The Child 1995.

2.1 Define the term child abuse. (2)

2.2 State the three major categories of child abuse. (3)

2.3 Describe any three rights of children that are included in the Convention of

the Rights of The Child. (6)

2.4 Describe any three consequences of child abuse. (6)

2.5 Describe any four strategies that you would use to eliminate child abuse at community level. (8)

[25 marks]

QUESTION 3

Swaziland is one of the countries in sub-Saharan Africa that have been hit the human immuno-deficiency virus (HIV) and acquired immune deficiency syndrome (AIDS) epidemic.

Six-week old *Muhle* is HIV-exposed has been brought to the clinic for the first time by his mother to start him on the primary immunization programme.

3.1 Define the term HIV-exposed. (2)

3.2 Give any three reasons why HIV infection continues to spread, especially in Swaziland. (3)

3.3 Describe the management of *Muhle* from today until he turns five years old (20).

[25 marks]

END OF EXAMINATION