

UNIVERSITY OF SWAZILAND

FACULTY OF HEALTH SCIENCES

DEPARTMENT OF COMMUNITY HEALTH NURSING SCIENCE

FINAL EXAMINATION PAPER

FIRST SEMESTER 2009

TITLE OF PAPER: COMMUNITY HEALTH NURSING (1)

COURSE CODE: NUR 405

TIME ALLOWED: TWO (2) HOURS

MARKS ALLOCATED: 75 MARKS

INSTRUCTIONS:

- **Read the instructions and questions carefully**
- **Answer ALL questions asked**
- **Each question has a weighting of 25 marks**
- **Write neatly and clearly**

DO NOT OPEN THIS QUESTION PAPER UNTIL PERMISSION IS GRANTED BY THE INVIGILATOR

QUESTION ONE

You are a Community Health Nurse working at a clinic in a community of your choice. You observe in your statistics records that people are undernourished, particularly children and the elderly persons in the community.

According to your assessment, one of the major causes that are central to this problem is “**poverty**”.

Discuss the strategies that you would implement as a community health nurse towards minimizing the problem of poverty in the community in order to save the lives of these vulnerable groups.

TOTAL.....[25 marks]

QUESTION TWO

In Swaziland to-day, the need for culturally sensitive nursing is obvious particularly with increasing probability of encountering clients from other cultures. It is particularly important to consider the clients’ cultural background in formulating nursing care to meet her/his needs.

- a) Describe the four principles of cultural assessment that should guide nurses engaged in the study of another culture.....(8 marks)

- b)** Explain how a community health nurse becomes knowledgeable about another person’s culture
.....(17 marks)

Total Marks.....[25]

QUESTION THREE

Betty Neuman developed the health care model as an organizing framework for graduate students to facilitate their understanding of clients' needs within the holistic viewpoint.

- a) Name the four concepts of the nursing metaparadigm as defined by Neuman, and describe how they are related.....(8 marks)

- b) Mention what the following variables based on the community as a client, include:
 - I. Physiological.....(2 marks)
 - II. Socio-cultural.....(2 marks)
 - III. Spiritual.....(2 marks)
 - IV. Developmental.....(2 marks)

- c) The major nursing goal in Neumann's systems model is to maintain the clients' system in a stable state through accurate assessment of actual and potential stressors followed by implementing appropriate interventions. Briefly describe what is entailed in the three intervention strategies. Three marks will be given for each intervention strategy.....(9 marks)

Total Marks.....[25]