

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
BACHELOR OF NURSING YEAR 4**

FINAL EXAMINATION PAPER 2010

**TITLE OF PAPER: NORMAL PSYCHOLOGICAL
DEVELOPMENT 11.**

COURSE CODE : NUR 453

MARKS ALLOCATION: 75

**INSTRUCTIONS : THIS PAPER CONSISTS OF
THREE QUESTIONS.**

ANSWER ALL QUESTIONS

DO NOT OPEN THIS PAPER UNTIL TOLD TO DO SO.

QUESTION 1

There seems to be a problem regarding the holistic promotion of mental health of school going children in Swaziland. This is due to the fact that mental health professionals (psychiatric nurses) are not deployed in schools when employed. Therefore, the normal psychological growth and development of school going children has been grossly compromised. As a result children are being disturbed and sometimes wrecked by these problems in schools. Discuss three solutions that can help to minimize or totally eradicate this situation. Label these solutions (1), (2) and (3).

- 1) Solution (10 marks).
- 2) Solution (10 marks).
- 3) Solution (5marks).

[25 MARKS]

QUESTION 2

The care givers who are caring for orphans are not trained in mental health promotion. They handle the orphans without knowing them who they are. Discuss the reasons for training the care givers in mental health promotion, counselling and normal psychological growth and in children.

- a) Normal psychological growth and development of children (10 marks)
- b) Counselling in children/orphans (10 marks)
- c) Mental health promotion of orphans (5 marks)

[25 MARKS]

QUESTION 3

The accomplishment of educational excellence, social confidence and self assertiveness is essential for individuals in successful prevention and control of HIV and AIDS. Discuss clearly how educational excellence, social confidence and self assertiveness can help in the prevention and control of HIV and AIDS among individuals.

- a) Educational excellence (10marks)
- b) Social confidence (10marks)
- c) Self assertiveness (5 marks)

[25 marks]