

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
(FIRST SEMESTER)
FINAL EXAMINATION
DECEMBER 2009**

COURSE CODE: NUR 520
COURSE TITLE: COMMUNITY HEALTH NURSING IV
MARKS ALLOCATED: 75
TIME ALLOCATED: 2HOURS

INSTRUCTIONS:

- 1. THIS PAPER CONTAINS A TOTAL OF THREE QUESTION**
- 2. READ THE QUESTIONS WITH UNDERSTANDING**
- 3. ANSWER ALL THE THREE QUESTIONS**
- 4. WRITE LEGIBLY**

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BY THE CHIEF INVIGILATOR**

QUESTION 1

One of the components of family structure is its communication patterns which may be influenced by the family belief system.

- a) Describe how the family belief system may negatively influence the family’s communication patterns..... [5]
- b) The family, as a basic institution for socialisation, has been deprived of this function. Discuss how the following have deprived the family of this important function.
 - i) Single-parenthood..... [3]
 - ii) Working parents.....[3]

c) Read the following passage and answer the questions that follow:

The Mzomba family is a three generation family living in Elangeni area. The family is composed of Mr and Mrs Mzomba, who are both working, their two-school-going children and Mr Mzomba’s mother a 78 year old widow with musculoskeletal problems and a recent fracture of the left hip who moved in when she lost her husband. Because of the fracture, Mrs Mzomba senior is unable to walk and requires assistance with her activities of daily living. Mr Mzomba, his married working sisters and his wife have rearranged their work schedules so that they could help with Mrs Mzomba senior’s care when needed. After consulting with his wife and sisters, Mr Mzomba made arrangements with Hospice at Home nurses to assist with caring for his mother as he, his sisters and his wife were feeling overwhelmed and exhausted with the caring in addition to their family duties as well as their work. Mr Mzomba’s mother expresses guilt over being a burden and causing the family so much trouble.

- i) Describe two family coping strategies that are prominent in this passage and explain how are they evidenced..... [6]
- ii) Name three cultural values that you identify from the passage and explain how they are evidenced..... [6]
- iii) Using Orem’s self care model, identify the nursing care system that the Mzomba’s have adopted to ensure Mrs Mzomba senior’s self care. Motivate your answer..... [2]

TOTAL..... [25 MARKS]

QUESTION 2

Family roles are important in ensuring the development of individual family members

- a) Define the following:
 - i) Role conflict..... [1]
 - ii) Role confusion..... [1]
 - iii) Role overload..... [1]
 - iv) The family as a social system communicating with its environment must maintain semi-permeable boundaries. Discuss two important reasons for ensuring that family boundaries are semi-permeable..... [6]
- b) Describe four things that influence family communication patterns. Describe how they influence it..... [8]
- c) In single parent families, communication patterns may be dysfunctional. Describe four characteristics of a dysfunctional sender..... [8]

TOTAL..... [25 MARKS]

QUESTION 3

The family developmental theory describes family life, over time, as divided into a series of stages which are accompanied by developmental tasks as well as health concerns.

- a) Name the first four family developmental stages..... [4]
- b) Define the term “developmental tasks”..... [1]
- c) Describe three developmental tasks that the beginning family has to achieve... [6]
- d) Discuss four areas of health concern encountered during the “family with teenagers” developmental stage..... [12]
- e) Mention two health concerns that prevail in beginning families..... [2]

TOTAL..... [25 MARKS]