

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
BACHELR OF NURSING YEAR 5**

FINAL EXAMINATION PAPER 2010

**TITLE OF PAPER: TREATMENT MODALITIES FOR MENTAL
HEALTH PROBLEMS 11.**

COURSE CODE : NUR 555

TIME ALLOCATION : 2 HOURS

MARKS ALLOCATION: 75

**INSTRUCTIONS : THIS PAPER CONSISTS OF
THREE QUESTIONS.**

: ANSWER ALL QUESTIONS.

DO NOT OPEN THIS PAPER UNTIL TOLD TO DO SO.

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QUESTION 1

A number of mental health problems cause some setbacks in the promotion of mental health of children in Swaziland. Discuss as to how (a) lack of mental health policy, (b) lack of family guidance and (c) stigma in mental health profession, cause setbacks in the promotion of mental health of children in Swaziland.

- a) Lack of mental health policy (10 marks).
- b) Lack of family guidance (10 marks).
- c) Stigma in mental health. (5 marks).

[25 marks]

QUESTION 2

The psychiatric/mental health program can only be saved by the mental health professionals from collapsing. They have the power to do so. Discuss how psychiatric nursing professionals could revive the mental health program through (a) proper education, (b) advocacy and (c) commitment to quality mental health services rendering.

- a) Proper education (10 marks).
- b) Advocacy (10 marks).
- c) Commitment to quality mental health services rendering (5marks).

[25 marks]

QUESTION 3

Sport related activities more especially football attract a lot of spectators. This means therefore that sports activities can be used to spread information about HIV and AIDS prevention and control. Some of the measures that can be taken to maximize information dissemination on HIV and AIDS are (a) reduction of drug use or abuse during in sports (b) instillation of responsibility and accountability in football players and (c) Close monitoring of sports activities among the youth.

- a) Reduction of drug abuse in sports (10 marks).
- b) Instillation of responsibility and accountability in football players (10 marks).
- c) Close monitoring of sports activities among youth players (5 marks).

[25 marks]