

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
CERTIFICATE IN COMMUNITY MENTAL HEALTH**

FINAL EXAMINATION PAPER 2011

**TITLE OF PAPER : COMMUNITY MENTAL HEALTH
NURSING 11**

COURSE CODE : NUR 322

TIME ALLOCATION : 2 HOURS

MARKS ALLOCATION: 75

**INSTRUCTIONS : THIS PAPER CONSISTS OF THREE
QUESTIONS.
ANSWER ALL THREE QUESTIONS.**

DO NOT OPEN THIS PAPER UNTIL TOLD TO DO SO.

QUESTION 1

The employment for mental health professionals seem not to be good in Swaziland. That is why there is exodus of the professionals for greener pastures. Discuss as to how (a) job dissatisfaction, (b) lack of incentives and (c) lack of Refresher courses contribute to mental health professionals exodus.

- (a) Job dissatisfaction **(10marks)**
- (b) Lack of incentives **(10marks)**
- (c) Lack of refresher courses **(5 marks)**

QUESTION 2

Promotion of mental health through secondary and tertiary prevention is the most difficult thing to do in mental health. This is because it is difficult to cure mental disorders once they have set in. Most patients believe at this stage that they have been bewitched. Discuss how the (a) belief around bewitchment, (b) Denial of being sick and (c) defaulting medication delay recovery in the management of mental disorders.

- (a) Defaulting medication **(10 marks)**
- (b) Belief around bewitchment **(10 marks)**
- (c) Denial of being sick **(5 marks)**

QUESTION 3

Primary mental health prevention is the best approach that should be emphasized in mental health. Discuss three primary related strategic issues that you think you can use in promoting mental health of individuals.

- a) Strategic issues in this section carry **(10 marks)**
- b) Strategic issues in this section carry **(10 marks)**
- c) Strategic issues in this section carry **(5 marks)**