

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
BACHELOR OF NURSING YEAR 4**

FINAL EXAMINATION PAPER 2011

**TITLE OF PAPER: NORMAL PSYCHOLOGICAL
DEVELOPMENT 11.**

COURSE CODE : NUR 453

MARKS ALLOCATION: 75

**INSTRUCTIONS : THIS PAPER CONSISTS OF
THREE QUESTIONS.**

ANSWER ALL QUESTIONS

DO NOT OPEN THIS PAPER UNTIL TOLD TO DO SO.

QUESTION 1

There seems to be a problem regarding the holistic promotion of mental health of school going children in Swaziland. This is due to the fact that mental health professionals are not deployed in schools when employed. Therefore, the normal psychological growth and development of school going children has been grossly compromised. As a result children are being disturbed and sometimes wrecked by these problems in schools. Discuss three ways that can help minimize or totally eradicate this situation. Label these ways (a), (b) and (c)

- 1.1 Provision of counsellors at school (10 marks)
- 1.2 Training of teachers on mental health promotion (10 marks).
- 1.3 Training of children on mental health promotion (5 marks).

[25 marks]

QUESTION 2

The care givers caring for orphans are not trained in mental health promotion. They handle the orphans without knowing who they are. Discuss why care givers caring for orphans should be enhanced in mental health promotion, counselling and normal psychological growth in children.

- 2.1 Normal psychological growth and development of children (10 marks).
- 2.2 Counselling of children/orphans (10 marks).
- 2.3 Mental health promotion (5 marks).

[25 marks]

QUESTION 3

The achievement of educational excellence, social confidence and self assertiveness is essential for individuals in the successful prevention and control of HIV and AIDS. Discuss how educational excellence, social confidence and self assertiveness can help in the prevention and control of HIV and AIDS among individuals?

- 3.1 Educational excellence (10 marks).
- 3.2 Social confidence (10 marks).
- 3.3 Self assertiveness (5 marks).

[25 marks]