

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES

SUPPLEMENTARY EXAMINATION PAPER JULY 2011

TITLE: MENTAL HEALTH PROBLEMS AND SOCIETY I

COURSE: NUR 552

DURATION: TWO (2) HOURS

MARKS: 75

- INSTRUCTIONS:**
- 1. ANSWER ALL QUESTIONS**
 - 2. EACH QUESTION CARRIES 25 MARKS**

**THIS PAPER IS NOT TO BE OPENED UNTIL PERMISSION HAS BEEN GIVEN
BY THE INVIGILATOR**

Question 1

Write short self explanatory notes on

- a) Narcissistic personality disorder (7)
- b) Conduct disorder (6)
- c) Substance use disorders (6)
- d) Dementia (6)

TOTAL 25

Question 2

Madolo, a 52-year old retired army commander is brought to the out-patient psychiatric unit by police who report that Madolo has not slept for 4 nights but keeps walking up and down Gwamile street in Mbabane, which Madolo claims he owns, chasing away people and throwing stones at passing cars. His hospital records show that he has three previous episodes. Madolo was placed on Lithium Carbonate but stopped taking the medication eight months ago because he felt good. The present episode began 5 days ago when the Municipal Council Police told him not to patrol Gwamile street and he became agitated. Madolo angrily tells the nurse "I do not know why I have been brought here. I need to get to town before someone takes over my street".

- a) What is probably wrong with Madolo? Motivate your answer. (18)
- b) Discuss the management Madolo will require for his condition. (7)

TOTAL 25

Question 3

Sonkhosi, a 38-year old female, is admitted to the Psychiatric Hospital. She appears dirty, unkempt and unhappy. She is reported to have missed work for 3 weeks and not wanting to participate in any activity, including eating. She spends most of the day in bed and only gets up to use the toilet. She does not talk much. When relatives try to talk to her, she cries for no apparent reason. The only thing she has voiced is that "I am not good at anything and wish to die. Just last month I was overlooked for promotion. Being alive is useless."

- a) State the probable condition Sonkhosi is suffering from and justify your answer. (13)
- b) Discuss the nursing management Sonkhosi will require. (12)