

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
BACHELR OF NURSING YEAR 5**

FINAL EXAMINATION PAPER 2011

**TITLE OF PAPER: TREATMENT MODALITIES FOR MENTAL
HEALTH PROBLEMS 11.**

COURSE CODE : NUR 555

TIME ALLOCATION : 2 HOURS

MARKS ALLOCATION: 75

**INSTRUCTIONS : THIS PAPER CONSISTS OF
THREE QUESTIONS.**

: ANSWER ALL QUESTIONS.

DO NOT OPEN THIS PAPER UNTIL TOLD TO DO SO.

QUESTION 1

There seems to be a number of mental health problems that cause some setbacks in the promotion of mental health in Swaziland. Discuss the impacts /influence of the following factors on the promotion of mental health of children in Swaziland:

- 1.1. Lack of mental health policy (10 marks).
- 1.2. Lack of family guidance (10 marks).
- 1.3. Stigma attached to mental health (5marks).

[25 marks]

QUESTION 2

Mental health professionals can play a major role in strengthening mental health services. How would the following factors influence the improvement of mental health services?

- 2.1. Proper education (10 marks).
- 2.2. Advocacy (10 marks)
- 2.3. Commitment to quality mental health services rendering (5 marks).

[25 marks]

QUESTION 3

Sport related activities more especially football turns to attract a lot of spectators. This means therefore that sports activities can be used to spread information about HIV and AIDS prevention and control. Some of the measures that can be taken to maximize information dissemination on HIV and AIDS are (a) reduction of drug use or abuse during in sports (b) Close monitoring of sports activities among the youth and instillation of responsibility and accountability among football players.

- 3.1 Reduction of drug abuse in sports (10 marks).
- 3.2 Instillation of responsibility and accountability among football players. (10marks).
- 3.3 Close monitoring of sports activities among youth players (5marks).

[25 marks]