

**UNIVERSITY OF SWAZILAND**  
**FACULTY OF HEALTH SCIENCES**  
**(FIRST SEMESTER)**  
**FINAL EXAMINATION PAPER**  
**2011**

**COURSE CODE: NUR 405**

**COURSE TITLE: COMMUNITY HEALTH NURSING 1**

**TIME ALLOWED: 2 HOURS**

**MARKS ALLOCATED: 75**

**INSTRUCTIONS:**

- 1). THIS PAPER CONTAINS FOUR (4) QUESTIONS.
- 2). QUESTION ONE IS COMPULSORY
- 2). ANSWER ANY TWO (2) FROM THE OTHER QUESTIONS
- 3). EACH QUESTION TO BE ANSWERED ON A SEPARATE SHEET OF PAPER.

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**QUESTION ONE (COMPULSORY)**

A 75 year-old Saraphinah Msibi, has **no living relatives and lives alone in a hut without any furnisher**. She cooks **outside** in an open fire making it difficult for her to prepare meals for herself. With the support from government she receives the **social grant** of E600 (Rands) three monthly and has lived for about five years in this arrangement. Nomathemba the community health nurse has made four home visits to her to check on her vital signs and medications after recent treatment in Mbabane referral hospital (**Hypertension clinic**). Although Saraphinah has made a **good progress** and no longer requires visits from the nurse, the rural health motivator and her neighbors are **urging the nurse to do 'something' about her**. Admittedly, her living hut has a **strong odor** from the long term accumulation of **dirt and poor personal hygiene** habits. However, Saraphinah is **comfortable with her life style** and **does not want** to change her living arrangement. Although the nurse has offered to contact NGOs for help, **Saraphinah says that she does not need any help**.

- A) It appears that the neighbors are not happy with her life style, and therefore, the nurse will need to convince her on the need to create an arrangement without having to lose her right to control her person, financial resources and her environment. Discuss measures that you would employ when creating the new arrangement for her, utilizing the resources that she has as well as resources available in her community.....(20marks).
  
- B) State five aspects that you would include or propose to improve the **hygienic standards** of your client in order to prevent her from being a nuisance to the neighbors.....(5marks).

**TOTAL MARKS.....(25)**

**QUESTION TWO**

More and more frequently, health care delivery in the community is being accomplished through a team approach. Teams of health and non-health professionals function together. They join efforts to meet the health needs of the population. Team members utilize the knowledge and expertise of each to provide more effective health care to clients at all levels. Using the following headings, discuss the concept of 'health care team':

- a). Define the concept of "Health Care Team" .....(3 marks)
- b). Outline the advantages of a team approach.....(6 marks)
- c). State the principles that would guide the development of an effective team.....(7 marks)
- d). Describe the ingredients of competent health work.....(9 marks)

**TOTAL MARKS.....(25).**

**QUESTION THREE**

The **Roy's Adaptation Model** can be used to direct Nursing care for individuals, family or a community as a client.

- a) Describe the assessment of a pregnant adolescent (individual, family and community using the stimuli that influence adaptation (**focal stimuli; contextual stimuli and residual stimuli**)).....(19 marks).
- b) Utilizing the **physiologic mode of adaptation**, describe the **community nursing health interventions** for this pregnant adolescent.....(6 marks)

**TOTAL MARKS.....(25).**

**QUESTION FOUR**

The Industrial revolution profoundly influenced health in both Europe and the United States of America. Movement on both continents from agriculture to industrial economies led to the development of large workforce to labour under unhealthy conditions in mines, mills and factories. It reversed the gains of the renaissance era. Discuss impacts of Industrial revolution to community health that were experienced during the first industrial revolution in Great Britain and America between the 1750 and 1830 in relation to the industrial situation in Swaziland

**TOTAL MARKS.....( 25 ).**