

UNIVERSITY OF SWAZILAND  
FACULTY OF HEALTH SCIENCES  
SUPPLEMENTARY EXAMINATION  
JULY 2013

COURSE NAME:	INTRODUCTION TO PSYCHOLOGY
COURSE CODE:	HSC 100
TIME ALLOCATED:	2HRS
MARKS ALLOCATED:	75

INSTRUCTIONS:

1. ANSWER ALL 3 QUESTIONS.
2. WRITE LEGIBLY.
3. EACH QUESTION CARRIES A TOTAL MARK OF 25.

DO **NOT** OPEN THE PAPER UNTIL THE INVIGILATOR INSTRUCTS YOU TO DO SO.

### QUESTION 1:

Zandile is a 19 year sophomore (2nd year student) at the UNISWA. In her first year at the university, she had three close friends whose relationship never lasted. The dissolution of the friendship bothered her since she sincerely believes that people envy her and she deserves to be respected as the most beautiful, smart, witty and friendly person in campus. She is a bright student who works hard to prove that she is the best, but easily gets annoyed whenever a classmates get better grades than her. Her boyfriend is contemplating dumping her because he feels like she controls him, and in everything they do, it always has to be what she prefers to what he wants. When confronted of her selfish trait, she becomes so enraged and would detach herself from everything and everyone for days. Recently, there was a social debate in Campus and as one of the debaters, she did her best to prepare. When the winners were announced, her opponents won and the best debator was one of her ex-friends. She was so disturbed at this 'failure' such that she suffered depression.

1.1 With your knowledge of the characteristics of personality disorders, briefly explain why would Zandile be considered as having such? (5).

1.2 Discuss the personality disorder that Zandile is presenting with, substantiating your answer with the information from the case. (5)

1.3 The phrase "*life begins at 40*" has diverse connotations to different people. Applying the various theories learnt in psychology, discuss the growth and development processes of a 43 years old female under the following subheadings:

- 1.3.1 Physical development
- 1.3.2 Psychosocial development
- 1.3.3 Cognitive development
- 1.3.4 Moral development
- 1.3.5 Specific health concerns.

(15)

### QUESTION 2:

2.1 Discuss the structures of personality by Sigmund Freud. (10)

2.2 Outline the differences between:

- 2.2.1 Positive reinforcement and Negative reinforcement.
- 2.2.2 Positive punishment and Negative punishment
- 2.2.3 Behaviourism and humanistic psychology
- 2.2.4 Classical conditioning and operant conditioning
- 2.2.5 Nature vs Nurture

(15)

**QUESTION 3**

- 3.1 Explain Hans Eysneck 4 types of personality (12)
- 3.2 Briefly discuss the 4 attributes of emotional intelligence and how these influence behaviour and relationships? (8)
- 3.3 Following the death of patient, as a nurse, Explain how, as a nurse, can you console the bereaved relative? (5)

**GOOD LUCK!!!!**