

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
FIRST SEMESTER FINAL EXAMINATION**

DECEMBER 2012

COURSE CODE: NUR 405

COURSE TITLE: COMMUNITY HEALTH NURSING I

TIME ALLOWED: 2 HOURS

MARKS ALLOWED: 75

INSTRUCTIONS:

- 1) This paper contains 3 questions: answer all.
- 2) Read the instructions and questions carefully.
- 3) Each question has a weight of 25 marks.
- 4) Write neatly and legibly.
- 5) Begin each question on a fresh page.

**DO NOT OPEN THE QUESTION PAPER UNTIL PERMISSION IS GRANTED BY
THE INVIGILATOR**

QUESTION 1

A. Define the following terms associated with Community Health Nursing.

- i. Community Health [2]
- ii. Community [2]
- iii. Health promotion [2]
- iv. Health protection [2]

B. Compare and contrast Community Health Nursing and Public Health Nursing.[5]

C. The Community Health Nurse has been asked to investigate a sudden outbreak of gastrointestinal symptoms among restaurant patrons in Zone A. Describe two (2) activities of the Community Health Nurse under each of the following levels of prevention.

- a. Primary prevention [4]
- b. Secondary prevention [4]
- c. Tertiary prevention [4]

TOTAL = 25 MARKS

QUESTION 2

A. Match the listed assumptions/propositions on the left to the model/theory they correspond with on the right and write the number of the assumption and the letter of the model in your answer sheet, e.g. 13.d

Propositions/Assumption	Model/ Theory
1. Persons interact with changing environment in an attempt to achieve adaptation and health. [1]	a. Dorothea Orem's Model b. Sister Callista Roy's Theory
2. By supporting strengths of clients' systems and conserving their energy, nurses can increase the level of wellness. [1]	c. Health Belief Model d. Betty Neuman's Model
3. Nursing clients are dynamic; they have both unique and universal characteristics, and are in constant energy exchange with the environment. [1]	
4. Self-care or deficits are to balance between self-care demands and self-care capabilities and an indication of a state of social dependency. [1]	
5. Client will take a health related action if they have a positive expectation that by taking a recommended action, they will avoid a negative health condition. [1]	
6. Nursing is art, a helping service and a technology. [1]	
7. Nursing actions can decrease a person's ineffective adaptive responses. [1]	
8. The client's chances of getting a certain condition will determine if they accept prescribed action for health promotion. [1]	
9. The clients' confidence in their ability to take action will determine their eagerness to take the action for health promotion. [1]	
10. Clients present normal range of responses to the environment that represent wellness and stability. [1]	

B. The nurse is assessing a client for the first time and makes a note under the demographic information that the client is **colored. What is the nurse addressing in this aspect? [1]**

C. **Define** the following terms which are integral to providing culturally competent health care

- i. Culture [2]
- ii. Ethnicity [2]
- iii. Nationality [2]
- iv. Race [2]
- v. Social class [2]

D. **Describe** how culture of a society can have an influence on the health status of the people and give an example of cultural impact on the health status of the Swazi people. [3]

TOTAL = 25 MARKS

QUESTION 3

Carefully read the passage below and answer the questions that follow.

Community Z collects water for their everyday use from the only river in the area. A lot of the community members are employed in a paint manufacturing firm that has been established in the community. This has greatly improved the economic status of the community members such that the community chief has bought the firm to keep the paint manufacturers in the community. The firm disposes its by-products in a manhole that seeps into the local river from which the community members collect their water. This has been going on for the past 5 years and the effects have become evident in the population of Community Z. As the clinic nurse you have attended to pregnant women with miscarriages and premature births; and several under 5 children who have presented with retarded growth and learning difficulties. This prompted you to presume the possible causes of these 'misfortunes' in the community. Amongst other things, there was overwhelming evidence pointing towards **lead poisoning**. You are now faced with a dilemma as to what you should do about your findings as the firm is part of the community income generating project and it is owned by the Chief and is the main source of income for the community.

A. **Describe** five (5) **ethical issues** coming out from the passage. [10]

B. Discuss three (3) courses of action that you as a Community Health Nurse should take to deal with the issues in Community Z. [9]

C. Mention six (6) multidisciplinary stakeholders that are likely to be involved in the course of action. [6]

TOTAL = 25 MARKS