

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
BACHELR OF NURSING YEAR 4 HEALTH
SCIENCES**

FINAL EXAMINATION PAPER 2013

**TITLE OF PAPER: NORMAL PSYCHOLOGICAL DEVELOPMENT
11**

COURSE CODE : NUR 453

MARKS ALLOCATION: 75

**INSTRUCTIONS : THIS PAPER CONSISTS OF THREE
QUESTIONS.
ANSWER ALL QUESTIONS.
DO NOT OPEN THIS PAPER UNTIL TOLD
TO DO SO.**

QUESTION 1

The promotion of normal psychological growth and development in individuals could be enhanced by a number of professional interventions. In your own observation discuss as to how mental school health programs, consulting and training and forensic services can be used to enhance normal psychological growth and development of individuals in Swaziland.

- a) The school mental health program (10 marks)
- b) Consulting and training (10 marks)
- c) Forensic services (5marks)

[25 marks]

QUESTION 2

It is essential that mental health of children is promoted in Swaziland. Discuss five reasons why mental health of children should be promoted.

[25 marks]

QUESTION 3

There seems to be stumbling blocks regarding the promotion of normal psychological growth and development of individuals in Swaziland. How would the following factors influence the promotion of normal psychological growth and development of individuals?

- 3.1 Centralization of mental health Services (10marks).
- 3.2 Lack of mental health school program (10marks).
- 3.3 Drugs abuse prevalence (5marks)

[25 marks]