

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
SEMESTER 1
FINAL EXAMINATION
DECEMBER 2012

COURSE TITTLE : COMMUNITY HEALTH NURSING III
COURSE CODE : NUR 520
TIME ALLOWED : 2 HOURS
MARKS ALLOCATED : 75

INSTRUCTIONS:

1. THIS PAPER HAS A TOTAL OF THREE QUESTIONS
2. READ THEM CAREFULLY WITH UNDERSTANDING
3. ANSWER ALL THE THREE QUESTIONS
4. WRITE CLEARLY AND LEGIBLY

DO NOT OPEN THIS QUESTION PAPER UNTIL YOU ARE TOLD TO DO SO BY THE INVIGILATOR

QUESTION 1

A. For the following multiple choice questions, choose the most correct answer e.g.15.a

1. One of the following is a broadened definition of the word "family" in today's context
 - i. Composed of two or more people biologically related
 - ii. Composed of two or more people living together in the same geographic dispersion
 - iii. Composed of two or more people who are legally married
 - iv. Composed of two or more people who are emotionally involved and committed
 - v. Composed of two or more people who have a sense of identity as a family (1)
 - a) v
 - b) ii
 - c) ii & iii
 - d) I & iv
 - e) Iv & v (1)

2. One of the following statements is correct
 - a) The family of procreation is the family into which you were born
 - b) The family of origin is the family of marriage
 - c) The extended family includes the family's close friends and relatives
 - d) The binuclear family is the post divorce family in which the children are members of the maternal and paternal new families
 - e) The gay family refers to a polygamous family of many husbands (1)

3. The family functions to meet the needs of its family members by:
 - a) Providing recruits for the society
 - b) Rearing children
 - c) Serving as a buffer between society and individuals
 - d) Socializing its members according to societal expectations
 - e) Facilitating societal development (1)

4. One of the following is the main reason for community health nurses to work with the family
 - a) The entire family is affected by ill health of one family member
 - b) By working with the family, the community health nurse discovers health problems affecting other family members
 - c) When the family is the focus of care, individual health care is compromised
 - d) All of the above
 - e) A & b only (1)

5. The following is/are difference/s between homosexual and cohabiting families
 - a) Homosexual families have no uniform family structure
 - b) The family developmental stages differ considerably
 - c) They are both illegal in Africa
 - d) A & b
 - e) They are both discriminated by society (1)

6. Attributes of a health family include the following EXCEPT:
 - a) Autonomy of the family members is encouraged
 - b) An emphasis of traditional roles and decision making is made

- c) Family members display capable negotiation skills in dealing with their problems
d) The family demonstrates resiliency in addressing their challenges
e) The family expects its members to take personal responsibility for their individual actions (1)
7. One of the following is a factor associated with both the cohabiting family and the single teenage mother
a) Early premarital coitus
b) High divorce rate
c) Need for birth contraception education
d) Poverty
e) Postponement of marriage (1)
8. The conjugal/nuclear family comprises the following EXCEPT:
a) Blood relatives
b) Husband
c) Wife
d) Biological children
e) Legally adopted children (1)
9. One of the following is not a basic purpose of the family
a) Procreation
b) Socialization of new family members
c) Serving as a buffer between society and family members
d) Punishing its individual family members
e) Stabilizing lives of family members (1)
10. One of the following cannot adversely affect family health
a) When a family is brought together to help an ill individual family member
b) Birth of a handicapped child in the beginning family
c) Emotional disturbance of the family head
d) Loss of employment of a promising family member
e) Miscarriage of an expectant teenage family member (1)
- B For the following statements write the number and TRUE or FALSE next to the number in your answer sheet e.g. 21. True**
11. A healthy family demonstrates affiliative attitudes towards each other (1)
12. An unhealthy family encourages spontaneous expression of cultural beliefs and differences (1)
13. A family of origin is the family to which a family member comes (1)
14. The family of parenthood is the family into which one was born (1)
15. Homosexuality means plurality of spouses (1)
16. Cultural beliefs form an important component of family structure (1)
17. The nuclear family as a legally recognized family, is the most commonly found family form in our society (1)
18. The dual earner family does not face any challenges in managing housework and child care (1)
19. Single parent families are mostly headed by females than males (1)
20. Gay and lesbian families are the most common emerging family forms in Swaziland (1)
- C Mention three (3) and two (2) factors that have led to the emergence of single-parent families and cohabiting families respectively (5)**

TOTAL MARKS

[25]

QUESTION 2

- a) Single-parenthood prevails in a variety of lifestyles. Describe three (3) of such lifestyles (6)
- b) Discuss three challenges that are faced by single-parent households (9)
- c) Step-parent families are another form of emerging families in our society today. Define a step-family (1)
- d) Role ambiguity in step-families is the usual and most common problem. Define role ambiguity (1)
- e) Step-families are complex and ladden with a lot of stresses. Discuss two sources of stress in step-families (6)
- f) Describe one (1) advice you would give to step-parent families to avoid role ambiguity (2)

TOTAL MARKS

[25]

QUESTION 3

- a) The family developmental theory is based on the observation that families are long-lived groups with a natural history that must be assessed. Mention three (3) assumptions of the family developmental theory (3)
- b) The sixth stage of family development is “families launching young adults. Describe when this stage begins and ends (2)
- c) Discuss two developmental tasks that must be achieved by families during the developmental stage mentioned in (b) above (6)
- d) Each developmental stage is accompanied by health concerns. Describe two health concerns facing the developmental stage mentioned in (b) above (4)
- e) Carefully and with understanding read the passage that follows and answer the questions that follow accurately.

Nokwanda Mdluli is participating in a support group for parents living with teenagers. Nokwanda and her husband both in their late 40s, feel they are having a difficult time raising their fifth child Gcina, an active 13 year old. The couple has a total of five children – a 25 year old boy who is about to get married to Mosotho lady of whom the parents do not approve because of cultural differences, a 20 year old girl who is living for her place of employment 200Km away from home, a 18 year old girl going to the college for the first time and a 16 year old boy doing his last grade in the high school. The 13 year old Gcina has teamed up with a group of rowdy boys. Nokwanda is confused by her son’s association with such a group of boys. Gcina, who was known to be compliant and dedicated to his school work, has become something else.

- i. Identify the developmental stage of the family in the above passage stating your rationale (2)
- ii. Identify the four role conflicts that may potentially exist in the family in the above passage (4)
- iii. Mention four resources you would recommend to the family to assist them in meeting their developmental tasks (4)

TOTAL MARKS

[25]