

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
BACHELR OF NURSING YEAR 5**

FINAL EMINATION PAPER 2013

**TITLE OF PAPER: TREATMENT MODALITIES FOR MENTAL
HEALTH PROBLEMS 11.**

COURSE CODE : NUR 555

TIME ALLOCATION : 2 HOURS

MARKS ALLOCATION: 75

**INSTRUCTIONS : THIS PAPER CONSISTS OF
THREE QUESTIONS.**

: ANSWER ALL QUESTIONS.

DO NOT OPEN THIS PAPER UNTIL TOLD TO DO SO.

QUESTION 1

The five parts of an individual are essential entities during psychotherapeutic interventions. Discuss how a therapist can utilize the physical, psychosocial and spiritual during psychotherapy.

- a) Physical. (10 marks)
- b) Psychosocial. (10 marks)
- c) 5 marks for Spiritual (5 marks)

[25 marks]

QUESTION 2

In the Christian point of view the concept of being non-judgemental by a therapist can be observed in patients' responses to therapy through faith, hope and love. Discuss how faith, love and hope can be reflected from patients' responses to therapy.

- a) Love (10 marks).
- b) Hope (10 marks)
- c) Faith (5 marks)

QUESTION 3

Rogers and Sanford provide ten characteristics of the client-centred therapy. (a) In your own opinion discuss these characteristics and give two examples of real life applications for each characteristic. (b) Give five reasons supporting that client-centred psychotherapy is bad for clients.

- a) Real life application of characteristics (20 marks).
- b) Badness of client-centred psychotherapy (5 marks).

[25 marks]