

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
DIPLOMA IN GENERAL NURSING**

SUPPLEMENTARY EXAMINATION PAPER 2014

**TITLE OF PAPER: INTRODUCTION TO MENTAL HEALTH
NURSING**

COURSE CODE : CMH 307

MARKS ALLOCATION: 75

TIME ALLOCATION : 2 HOURS

**INSTRUCTIONS : THIS PAPER CONSISTS OF THREE
QUESTIONS.
ANSWER ALL QUESTIONS.**

DO NOT OPEN THIS PAPER UNTIL TOLD TO DO SO.

QUESTION 1

When taking history it is important that the psychiatric nurse gather information from the patient on social history, stress related factors and family psychiatric history. Briefly discuss why it is important to get information regarding social history, stress related factors and family psychiatric history of the patient?

- a) Social history (10 marks)
- b) Family psychiatric history (10 marks)
- c) Stress related factors (5 marks)

QUESTION 2

Lack of proper mental health promotion, alcohol and drug abuse and HIV and AIDS as mental health problems may be among leading causes of mental disorders. Discuss how these mental health problems lead to mental disorders?

- a) Lack of mental health promotion (10 marks)
- b) HIV and AIDS (10 marks)
- c) Alcohol and drug abuse (5 marks)

QUESTION 3

The proper management of mentally disordered patients may be hindered by a number of factors. Discuss how the following three factors below cause mismanagement of mental disorders at the National Psychiatric Centre?

- a) Poor drugs management (10 marks)
- b) Poor psychotherapy (10 marks)
- c) Beating patients (5marks)

[75 marks]