

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
BACHELOR OF NURSING YEAR 4**

FINAL EXAMINATION PAPER 2014

**TITLE OF PAPER: NORMAL PSYCHOLOGICAL DEVELOPMENT
11**

COURSE CODE : NUR 453

MARKS ALLOCATION: 75

TIME ALLOCATION : 2 HOURS

**INSTRUCTIONS: THIS PAPER CONSISTS OF THREE
QUESTIONS.
ANSWER ALL QUESTIONS**

DO NOT OPEN THIS PAPER UNTIL TOLD TO DO SO.

QUESTION 1

There seems to be a problem regarding the holistic promotion of mental health of school going children in Swaziland. This is due to the fact that mental health professionals are not deployed in schools when employed. Therefore, the normal psychological growth and development of school going children has been grossly compromised. As a result children are being disturbed and sometimes wrecked by these problems in schools. How would the following interventions minimize the mental health problems at school?

- 1.1 Provision of counsellors at school (10 marks)
- 1.2 Training of teachers on mental health promotion (10 marks).
- 1.3 Training of children on mental health promotion (5 marks).

[25 marks]

QUESTION 2

The care givers who are caring for orphans are not trained in mental health promotion. They handle the orphans without knowing them who they are. Discuss the importance of training orphans care givers on:

- 2.1 Normal psychological growth and development of children (10 marks).
- 2.2 Counselling in children/orphans (10 marks).
- 2.3 Mental health promotion (5marks).

[25 marks]

QUESTION 3

The accomplishment of educational excellence, social confidence and self assertiveness is essential for individuals in the successful prevention and control of HIV and AIDS. How would the following assist in the Prevention and control of HIV and AIDS?

- 3.1 Educational excellence (10 marks).
- 3.2 Social confidence (10 marks).
- 3.3 Self-assertiveness (5 marks).

[25 marks]