

FACULTY OF HEALTH SCIENCES

GENERAL NURSING

FINAL EXAMINATION, NOVEMBER/DECEMBER 2013

COURSE TITLE : THEORETICAL BASIS OF NURSING

COURSE CODE : NUR 507

TIME : 2 HOURS

TOTAL MARKS : 75

Number of pages including cover page : 9

INSTRUCTIONS:

- 1. ANSWER ALL YOUR QUESTIONS ON THE PROVIDED ANSWER BOOKLET.**
- 2. QUESTION IS MULTIPLE CHOICES AND HAS 30 QUESTIONS.**
- 3. QUESTION 2 IS SHORT ESSAY TYPE QUESTIONS AND CARRIES 20 MARKS**
- 4. EACH CORRECT POINT/FACT/STATEMENT IS WORTH ½ MARK UNLESS INDICATED OTHERWISE ON THE QUESTION.**
- 5. START A NEW QUESTION ON A NEW PAGE**

DO NOT OPEN THE QUESTION PAPER UNTIL THE INVIGILATOR HAS GRANTED PERMISSION !!!

QUESTION 1 - MULTIPLE CHOICE - Choose the letter that corresponds with the most correct answer. Write only the letter in your answer book, e.g 1. B

1. Self-care deficit theory was proposed by:

- A. Virginia Henderson
- B. Betty Neuman
- C. Imogene King
- D. Dorothea Orem

2. Which theory defines nursing as *the science and practice that expands adaptive abilities and enhances person and environment transformation*

- A. Goal attainment theory
- B. Henderson's definition of nursing
- C. Roy's adaptation model
- D. Faye Glen Abdelah's theory

2. Typology of twenty one Nursing problems were explained by:

- A. Imogene King
- B. Virginia Henderson's
- C. Faye G.Abdellah
- D. Lydia E. Hall

3. "Nursing is therapeutic interpersonal process". This definition was stated by:

- A. Hildegard Peplau
- B. Jean watson
- C. Faye Glen Abdelah
- D. M. Rogers

4. Which of the following statements is related to Florence Nightingale?

- A. Nursing is therapeutic interpersonal process.
- B. The role of nursing is to facilitate "the body's reparative processes" by manipulating client's environment.
- C. Nursing is the science and practice that expands adaptive abilities and enhances person and environment transformation
- D. Nursing care becomes necessary when client is unable to fulfill biological, psychological, developmental, or social needs.

6. The nurse is examining concepts related to King's conceptual system. Which of the following statements is an accurate statement?
- A. "Interaction and transactions with another person can change an individual's perception."
 - B. "Space is measured objectively and is defined only by the physical area around a person."
 - C. "The personal system's focus is only on the relationships with others."
 - D. "Growth and development is the most influential piece of an individual's personal system."
7. Which of the following is NOT a concept related to personal system in Imogene King's Theory?
- A. Perception
 - B. Self
 - C. Body image
 - D. Organization
8. The four major concepts in nursing theory are the:
- A. Person, Environment, Nurse, Health
 - B. Nurse, Person, Environment, Cure
 - C. Promotive, Preventive, Curative, Rehabilitative
 - D. Person, Environment, Nursing, Health
9. According to Rogers' theory "*continuous and mutual interaction between man and environment*" is termed as:
- A. Pattern
 - B. Integrality
 - C. Resonancy
 - D. Helicy
10. Which theorist established the Loeb Centre to support her belief that the psychiatric hospital environment was suitable during treatment in the acute phase of psychiatric illness?
- A. Virginia Henderson
 - B. Dorothea Orem
 - C. Lydia Hall
 - D. Faye G. Abdellah

11. According to her, Nursing is a helping or assistive profession to persons who are wholly or partly dependent or when those who are supposedly caring for them are no longer able to give care.

- A. Henderson
- B. Orem
- C. Swanson
- D. Neuman

12. Whose theory postulates that the unique function of the nurse is to assist the individual, sick or well, in the performance of those activities contributing to health that he would perform unaided if he has the necessary strength, will and knowledge, and do this in such a way as to help him gain independence as rapidly as possible?

- A. Henderson
- B. Abdellah
- C. Levin
- D. Peplau

13. The most unique characteristic of nursing as a profession is....?

- A. Education
- B. Theory
- C. Caring
- D. Autonomy

14. Who developed the first theory of nursing?

- A. Hammurabi
- B. Alexander
- C. Fabiola
- D. Nightingale

15. For her, Nursing is participation in the care, core and cure aspects with other members of the health care team

- A. King
- B. Henderson
- C. Lydia Hall
- D. Nightingale

16. A metaparadigm is defined as:

- A. The main objective of nursing
- B. The core concept of a discipline
- C. The core language of theoretical thinking
- D. The beliefs a person has about a phenomenon

17. Nursing as viewed by Abdellah refers to

- A. A comprehensive service of problem solving that is based on art and science
- B. The body of knowledge and area of study that is unique.
- C. Helping the patient attain, maintain/retain system stability
- D. Caring

18. Which three of the following statements reflect accurate comparisons of Orlando's nursing process discipline and the nursing process?

- A. The nursing process utilizes scientific and nursing principles when examining client data, while the nursing process discipline involves recognizing and sharing observations in collaboration with the client.
- B. The nursing process approaches client care in a formalized step-wise manner, while the focus of the nursing process discipline, although consisting of delineated steps, is a more fluid process, which is modified according to behavior changes observed in the client.
- C. The nursing process is effective in planning care for individuals and families, while the nursing process discipline is most effective when utilized in the care of individual clients.
- D. The nursing process establishes evaluation parameters, which compare client changes that occur as a result of nursing interventions, while the nursing process discipline compares client behaviors with established evidence-based norms.
- E. The nursing process involves client input in the planning phase, while the nursing process discipline utilizes client input in both the assessment and planning phases.

19. A nurse is helping a client to use relaxation techniques when stressed. According to Peplau what phase of the nurse-client relationship is occurring?

- A. Evaluation
- B. Orientation
- C. Termination
- D. Working

20. According to Peplau, when the nurse and client are planning to terminate, what is the most important objective to achieve?

- A. The client becomes a stronger, maturing individual
- B. The nurse becomes a stronger, maturing individual
- C. The nurse verifies that the client is functioning at a higher level.
- D. The client and nurse both become stronger, maturing individuals.

21. The nurse is presenting a topic to the staff about Peplau's model. Which statement should the nurse include?

- A. In the working phase, the nurse and client meet as two strangers.
- B. Orientation and assessment are synonymous in this theory
- C. This viewpoint (model) is limited when dealing with unconscious clients
- D. Man is a word symbol that implies forward movement of personality.

22. The nurse is reviewing Orem's self-Care Deficit Theory. The nurse is attempting to link the tasks over the course of the work-day on a medical-surgical unit to Orem's five methods of helping that a nurse may use. Which of the following tasks is least associated with the five methods of helping?

- A. The nurse ensured that the client's hospital room was clean at the end of the shift
- B. The nurse ^{showed} the client about washing his hands appropriately prior to placing the new dressing over the incision site.
- C. The nurse retrieved the new antibiotic for the client from the pharmacy as requested by the physician.
- D. The nurse quietly held the client's hand while the physician provided information about the client's terminal diagnosis.

23. According to the Neuman Systems Model, health is defined in various ways. The nurse knows that which of the following occurs when the client system moves toward illness and death, and more energy is needed than is available?

- A. Reconstitution
- B. Prevention
- C. Entropy
- D. Negentropy

24. According to Neuman which type of environment is developed unconsciously by the client and is symbolic of system wholeness?
- A. Created environment
 - B. External environment
 - C. Internal environment
 - D. Self-serving environment
25. A new mother has presented her 2-month old baby to receive vaccinations. The nurse knows that the child is currently receiving which type of intervention according to Neuman?
- A. Secondary prevention-as-intervention
 - B. Primary prevention-as-intervention
 - C. Tertiary prevention-as-intervention
 - D. Reconstitution.
26. In Rogers' theory, pattern refer to:
- A. The fundamental unit of the human-environment
 - B. External (visual) field patterns.
 - C. The distinguished characteristics of the human field.
 - D. Sleep-wake and endocrine cycles.
27. How does the nurse understand health in Rogers' conceptual system?
- A. As optimal physical well-being as defined by the health care team
 - B. As consistent with the World Health Organisation definition
 - C. As it is defined from the client's perspective
 - D. As a function of adaptation.
28. According to Rogers, the focus of nursing is:
- A. Persons with elevated stress levels requiring intervention
 - B. Clients with self-care deficits
 - C. Unitary human beings and their environment
 - D. Health and a holistic view of human beings.

MARKS: 30

QUESTION 2

- 2.1 Discuss the relationship between nursing theory and clinical practice. Illustrate with appropriate examples. (6)
- 2.2 Discuss each of Henderson's 14 components of basic nursing care (14)

MARKS: 20

QUESTION 3

Situation: Thabiso is admitted to the orthopedic unit following a traumatic amputation of his lower right arm caused by an occupational accident. Thabiso's right hand was his dominant hand. Thabiso does not make eye contact when the nurse enters the room, and when asked how he is coping he states, "I'm not good for anything now. I can't drive a tractor like this. I can't even wash myself" His wife appears frightened and seems reluctant to talk with Thabiso about the accident or his injury. Questions 3.1 – 3.2 refer to this scenario.

- 3.1 Identify three self-care requisites that are priorities for Thabiso at this time. Place the three in order of priority and discuss each briefly in terms of Thabiso's current needs (6)
- 3.2 Explain which of Orem's three classifications of nursing systems you feel would best meet Thabiso's current needs and why? (6)

Situation: Jennifer finds out that she is pregnant again. She goes to her private practitioner because she is thinking about terminating her pregnancy. Jennifer is having mixed feelings. Both she and her husband are working at this time, but they already have three young children and she wants to get promoted in her teaching job. She sees having another baby as a stumbling block to her professional advancement. The Brown family comprises Jennifer, 32 years old, biracial, new teacher; Joseph, 35 years old, Caucasian, Chemical Engineer; Jan, 7 years old; John, 5 years old and Jack, 2 years old.

3.3 Imogene King believes that the nurse and the client usually meet as strangers and they both bring important knowledge and information to the goal attainment process. What perceptions and judgments would you have about this situation and the client? (7)

3.4 Describe the nurse-client interaction according to King for Mrs. Jennifer Brown. (6)

MARKS: 25

TOTAL MARKS : 75