

UNIVERSITY OF SWAZILAND

FACULTY OF HEALTH SCIENCES

DEPARTMENT OF GENERAL NURSING

MAIN EXAMINATION - MAY 2014

TITLE OF THE PAPER : THEORETICAL BASIS OF NURSING II
COURSE CODE : NUR 508
MARKS ALLOCATED : 75
TIME ALLOWED : Two (2) hours
NUMBER OF PAGES : 6
EXAMINER : JV MDLULI

INSTRUCTIONS

1. Read questions carefully
2. Answer all questions
3. Each **explained** point is worth 1 mark
4. Write legibly

DO NOT OPEN UNTIL PERMISSION HAS BEEN GRANTED BY THE INVIGILATOR

QUESTION 1**MULTIPLE CHOICE**

Instruction: choose the letter that corresponds with the best answer e.g 1. D

1. The nurse recently committed a serious medication error, which resulted in client harm. According to Watson, what is essential for this nurse?
 - a. The nurse must attend a medication administration remediation session.
 - b. The nurse must practice self-forgiveness.
 - c. The nurse must avoid medication administration situations until self-confidence returns.
 - d. The nurse must resign from client care.

2. The nurse has a very caring and loving spirit, but is incompetent in many nursing skills. How would this situation be interpreted using Watson's theory?
 - a. Incompetent practice cannot be perceived as caring in any situation.
 - b. High-level competency is the same as caring.
 - c. Caring is nice, but competence is essential.
 - d. As long as the nurse is caring, competency is not essential.

3. A nurse is using Parse's simultaneity paradigm to care for a hospitalized client. Which of the following beliefs guides the nurse's care of this client? "The client is:"
 - a. "Experiencing the past, present, and future distinctly and linearly".
 - b. Responsible for choices in moving beyond what is".
 - c. "A reflection of the sum of his parts".
 - d. "An internalized being guided by rhythms of the environment".

4. A nurse is presenting a teaching session regarding the development of Parse's Human Becoming School of Thought to a group of nursing students. The nurse asks the students to identify the priority influence on Parse's theory development. Which response, if made by the nursing students, best identifies this influence?
 - a. From ethnography and grounded theory
 - b. From Rogers and existential thought
 - c. From clinical practice
 - d. From phenomenology and Eastern philosophy

5. The nurse is assisting a novice nurse in assessing a client's status based on Parse's Assumption Two. Which statement by the novice would require the nurse to intervene?
 - a. "The client is responsible for the choices she makes."
 - b. "Some of the client's choices limit other choices."
 - c. "The client is ill and is not entirely responsible for her choices."
 - d. "The client brings all of her experiences in choosing her way of being."

6. A nursing unit is adopting Parse's Human Becoming School of Thought. Which statement, if made by a nurse, indicates a need for more instruction regarding the Human Becoming School of Thought?
 - a. "Nursing is only needed when people are ill and suffering."

- b. "My role is to be help people to make choices regarding their health."
 - c. "I am able to implement creative methods of helping clients when using this theory."
 - d. "I need to know the clients' perception of quality of life in order to set nursing goals."
7. According to Roy's adaptation model, the adaptive modes include all the following except:
- a. Physiologic Needs
 - b. Self Concept
 - c. Interdependence
 - d. Achievement
8. Statements that explain the relationship between the concepts in a theory:
- a. Propositions
 - b. Assumptions
 - c. Predictions
 - d. Process
9. " Caring consists of carative factors that result in the satisfaction of certain human needs". This explanation was stated by:
- a. Sister Calista Roy
 - b. Jean Watson
 - c. Dorothea Orem
 - d. Florence Nightingale
10. Cognator subsystem is a concept related to:
- a. Jhonson's Behaviour System Model
 - b. Imogene King's Goal Attainment Theory
 - c. Roy's Adaptation Model
 - d. Neuman's System's Model
- 11.
- A theory of knowledge emphasizing the role of experience, especially experience based on perceptual observations by the senses is:
- a. Constructivism
 - b. Empiricism
 - c. Rationalism
 - d. Infitism
12. The Sunrise Model of nursing was developed by:
- a. Joyce Travelbee
 - b. Rosemarie Rizzo Parse
 - c. Madeleine Leininger
 - d. Ida Jean Orlando
13. The ethno-nursing research method was developed by:
- a. Madeleine Leininger
 - b. Florence Nightingale
 - c. Hildegard Peplau
 - d. Ida Jean Orlando

14. Human Becoming Theory was developed by:
 - a. Lydia E. Hall
 - b. Neuman
 - c. Orem
 - d. Rosemary Parse
15. A paradigm refers to
 - a. A model that explains the linkages of science, philosophy, and theory accepted and applied by the discipline.
 - b. Ideas and mental images that help to describe phenomena
 - c. Statements that describe concepts
 - d. Aspect of reality that can be consciously sensed or experienced
16. Parse's Three Principles include all the following, except ;
 - a. Helicy
 - b. Meaning
 - c. Rhythmicity
 - d. Cotranscendence
17. Health/wellness is "the condition in which all parts and subparts (variables) are in harmony with the whole of the client. This definition was given by:
 - a. Maslow
 - b. Neuman
 - c. Peplau
 - d. Newman
18. A broad theory aimed at describing large segments of the physical, social or behavioural world is referred as:
 - a. Grand theory
 - b. Middle-range theory
 - c. Utility theory
 - d. Philosophy
19. Which of the following is not an example of one of Roy's four modes of adaptation?
 - a. Self-concept
 - b. Role function
 - c. Physiologic-physical
 - d. Integration
20. Which of the following is an example of a way one of Watson's 10 clinical caritas processes might occur in practice?
 - a. A nurse on a busy floor promises a patient she will "try to stop by later" when she sees the patient is visibly upset by a test result.
 - b. A nurse on the maternity floor asks a lactation consultant to visit one of her patients because she assumes the new mother plans to breastfeed her infant.
 - c. Upon meeting a bedridden patient who has a stage I decubitus ulcer, a nurse focuses all of her attention on properly turning the patient in his bed.
 - d. A nurse uses a doll to help explain an appendectomy to a pediatric patient, giving the child the chance to ask questions and keep the doll with her for comfort.

21. How would a culturally competent nurse approach a new patient?
- Wait for the client to indicate his or her cultural practices and preferences
 - Draw upon previous experiences from working with other clients from the same culture and base assumptions on that
 - Ask the client for information about his or her cultural practices and preferences
 - Explain that many cultural preferences and practices may be detrimental to the client's health
22. Which of the following qualities is essential for successful cultural care accommodation?
- Technical competence
 - Persuasiveness
 - Creativity
 - Inflexibility
23. In the theory of human becoming, nursing actions are focused on:
- Coexisting with the client.
 - Transforming the client.
 - Guiding the client toward ways of being.
 - Cotranscending with the client.
24. In the theory of human becoming, which of the following concepts is related to this statement: "The sense of being unique and needing to be like others causes certainty and uncertainty"?
- Powering
 - Transforming
 - Languaging
 - Originating
25. How does Neuman's model describe the nurse-client relationship?
- As a partnership
 - As a teacher-student relationship
 - As a modeling experience
 - As exclusively client-centered

[25 marks]

QUESTION 2

- 2.1 Explain the 6 key assumptions contained in the Nursing as Caring theory by Boykin and Schoenhofer. (12)
- 2.2 Describe any five (5) assumptions basic to Roy's Adaptation Model. (10)
- 2.3 Define modeling and role modeling according to Erickson, Tomlin and Swain's nursing model. (3)

[25 marks]

QUESTION 3

Scenario: You are newly promoted and placed in charge of a health centre. The health care facility is in a place which has a high population of foreign nationals. Discuss the *theory of culture care diversity and universality* that can be utilized by you and your team under these headings;

- 3.1 State five (5) features of cultures. (5)
- 3.2 Select three activities that you would perform in
- 3.2.1 culture care preservation (3)
 - 3.2.2 culture care accommodation (3)
 - 3.2.3 culture care repatterning/ restructuring (3)

You can make up your own scenario to support your answers.

- 3.3 You are a nurse assigned in one of the medical ward. Explain what ten (10) clinical caritas processes you would take in order to facilitate a caring-healing environment according to Watson's theory of transpersonal caring. (10)
- 3.4 Define etic care. (1)

[25 marks]