

**UNIVERSITY OF SWAZILAND**

**FACULTY OF HEALTH SCIENCES**

**SUPPLEMENTARY EXAMINATION**

**JULY, 2015**

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**TITLE OF PAPER: COMMUNITY HEALTH NURSING**

**COURES CODE: CHN 101**

**TIME ALLOCATED: TWO HOURS**

**MARKS ALLOCATED: 75**

**INSTRUCTIONS:**

- 1. ANSWER ALL QUESTIONS**
- 2. EACH QUESTION CARRIES 25 MARKS**
- 3. READ INSTRUCTIONS CAREFULLY**
- 4. PLEASE WRITE NEATLY AND LEGIBLY**

***N.B. DO NOT OPEN THIS PAPER UNTIL PERMISSION HAS BEEN GRANTED BY THE INVIGILATOR***

## QUESTION 1

For each of the following multiple choice questions select the most appropriate answer. Write the question number and the letter representing the answer e.g. 1. B

1. Primary prevention includes:

- A. Education of people on stress and how to prevent stressful situations.
- B. Provision of emergency care
- C. Screening for Tuberculosis
- D. Rehabilitation (1)

2. The following are the goals of health promotion **EXCEPT**:

- A. Increase the span of healthy life for all citizens.
- B. Reduce health disparities among women of child bearing age
- C. Educate the elderly women.
- D. Raise the level of wellness (1)

3. A disease which is habitually present in a certain area is called:

- A. Epidemic
- B. Pandemic
- C. Endemic
- D. Sporadic (1)

4. The life cycle of House fly is;
- A. Eggs, nymph and adult
  - B. Eggs, nymph, larvae and adult
  - C. Eggs, larvae, pupae and adult
  - D. Eggs, larvae, nymph and adult (1)
5. Which of these statements is not true in relation to a house fly?
- A. Adults are active only in the presence of light
  - B. Dissolves dry foods with secretions from salivary glands and by regurgitating part of foodstuffs
  - C. Breeds in animal dung, human excreta, garbage, sewage, and other decaying organic matter
  - D. Lives in cracks, crevices, under sinks and behind hot pipes (1)
6. Anopheles eggs are laid:
- A. Singly and have floats
  - B. Singly and have no floats
  - C. Boat-shaped rafts and have no floats
  - D. Boat-shaped rafts and have floats (1)
7. Which organization assists planning and seeks for funding for disasters?
- A. Disaster taskforce.
  - B. Swaziland Baphalali Redcross Society.
  - C. Save the Children
  - D. World Food Programme. (1)

8. The following are the rationale for school health **EXCEPT**:

- A. The school environment may create hazards from which pupils must be protected.
- B. Children need to be healthy to learn effectively.
- C. Good performance will depend on the health of the pupil.
- D. To liase with parents (1)

9. Emergency Care in school health nursing includes the following **EXCEPT**:

- A. Development of emergency protocols
- B. First aid services
- C. Post emergency assessment
- D. All of the above (1)

10. The following are members of the school health team **EXCEPT**:

- A. Social workers
- B. Teachers
- C. Rural Health Motivators
- D. Doctors (1)

11. Counseling activities in school health services include the following **EXCEPT**:

- A. Counseling to decrease health risks.
- B. Counseling regarding existing health problems
- C. Anticipatory counseling for students, parents and teachers
- D. Marriage counseling for making informed choices (1)

12. Which of the following diseases would most likely be caused by microbes found in human excreta?

- A. Botulism
- B. Staphylococcal infection
- C. Salmonellosis
- D. Gas gangrene (1)

13. Which of the following best describe Primary Health Care elements?

- A. Maternal and child health/family planning services
- B. Control of HIV and AIDS
- C. Control of diarrheal diseases
- d. Health education on drug abuse (1)

14. The following are the social and economic indicators related to health **EXCEPT:**

- A. Rate of population increase
- B. Income distribution
- C. Adult illiteracy
- D. Housing and food availability (1)

15. Ground water such as springs and boreholes usually contain:

- A. More suspended organic matter than surface water
- B. Less mineral matter than surface water
- C. Fewer microorganisms than surface water
- D. More microorganisms than surface water (1)

**For the following five (5) questions fill in the blanks. Write the question number and the missing word(s) only**

16. Oral Rehydration Therapy is given to children to prevent..... (1)

17. The programme that is responsible for the ordering and management of vaccines is the..... (1)

18. The goal of .....is to discover a health problem at a point when intervention may lead to its control or eradication... (1)

19. A disease which occurs in isolated places is a ..... (1)

20. The most important advances in preventive medicine occurred only after the discovery of ..... (1)

**For the following questions, state whether the statement is true or false. Write true, if the statement is correct and false if the statement is incorrect.**

- 21. In a socially bound community, deviation from norms is sanctioned or Penalized. **(1)**
- 22. The definition of health as defined by World Health organization is unrealistic because it implies a static position whereas life is dynamic. **(1)**
- 23. School going age is a period when norms and values are externalized. **(1)**
- 24. One of the functions of Family Life Association of Swaziland is to assist and supplement the activities of the Ministry of Health and Non-government organizations in the provision of a healthy family life and creation of awareness of the importance of family health in all aspects. **(1)**
- 25. The causative organism for Tuberculosis is the Tubercle Bacterium. **(1)**

**TOTAL MARKS [25]**

**QUESTION 2**

- 2.1 Describe four (4) activities that a school health nurse perform in case management..... (4)
- 2.2 Describe seven (7) socio-economic determinants of health and diseases in a community..... (7)
- 2.3 Explain primary prevention of health problems through school exclusion. .... (5)
- 2.4 Mention seven (7) function of the World Health Organization in assisting the government in the provision of health care delivery .....(7)

2.5 Explain two (2) roles of the education sector in Primary Health Care.....(2)

**TOTAL MARKS [25]**

3.1 Discuss five (5) strategy is necessary in the control of cockroaches?..... (5)

3.2 List three (3) the problems that may result in living in a poorly ventilated house..... (3)

3.3 Give three (3) benefits do we get by allowing adequate sunlight into domestic houses..... (3)

3.4 How can you make sure that wholesome water supply is provided at “home” in rural areas where there is no piped water?..... (5)

3.5 Describe five (5) benefits of breastfeeding to both the mother and child..... (5)

3.6 Explain the key concepts in the definition of Primary Health Care ..... (4)

**TOTAL MARKS [25]**