

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
GENERAL NURSING DEPARTMENT
FINAL EXAMINATION PAPER, DECEMBER 2014

COURSE CODE: HSC 207

COURSE TITLE: HEALTH PROMOTION

TIME ALLOWED: 2 HOURS

MARKS: 75

INSTRUCTIONS:

There are 3 questions in this paper

Answer all three questions

Each question is allocated 25 marks

Write legibly

**THIS PAPER IS NOT TO BE OPENED UNTIL THE INVIGILATOR HAS GRANTED
PERMISSION**

Question 1

Discuss the Three (3) key action areas of the Ottawa Charter relating them to addressing obesity as a health problem among school-aged children (25 marks)

Question 2

Health Promotion is practiced in a many settings including schools.

Write about school health under the following sub-topics:

- a) Describe the importance of school health (5 marks)
- b) Discuss five functions of a school health nurse (20 marks)

Question 3

Health education is an important component of health promotion. Discuss health education under the following sub-headings:

- a) Communication is meant to result in positive change in knowledge, behavior and attitudes of people.

Describe and illustrate five (5) concepts of the Health Belief Model (5 marks)

- b) Compare and contrast the principles of the teaching and learning process (10Marks)
- c) Barriers to communication: (10 marks)
 - 1) Social and cultural gaps
 - 2) Limited memory