

**UNIVERSITY OF SWAZILAND**

**FACULTY OF HEALTH SCIENCES**

**SUPPLEMENTARY PAPER: JULY, 2015**

**TITLE OF PAPER : NORMAL PUERPERIUM AND POSTNATAL CARE**  
**COURSE CODE : MID403**  
**DURATION : TWO (2) HOURS**  
**TOTAL MARKS : 75**

**INSTRUCTIONS:**

- 1. ANSWER ALL QUESTIONS**
- 2. FIGURES IN BRACKETS INDICATE MARKS ALLOCATED TO EACH OR PART OF A QUESTION**
- 3. ANSWER EACH QUESTION ON A NEW PAGE**

**THIS PAPER SHOULD NOT BE OPENED UNTIL PERMISSION IS GRANTED BY THE INVIGILATOR**

### **Question 1**

1.1 Ms. H POG1 has delivered a 3.2 kg healthy baby girl with an Apgar of 8 to 10. She had a safe delivery without any complications. After an hour you transfer them to the postpartum ward. Explain the immediate care you expect your client to be provided with in the postpartum ward. **(15 marks)**

1.2 Describe five physiologic and five psychological stressors of the woman during the postpartum period. **(10 marks)**

**Total marks = 25**

### **Question 2**

2.1 Highlight the minor disorders that the mother is likely to experience during the puerperium. **(10 marks)**

2.2 Describe the following adaptations a woman's body needs to make after the birth of a baby :

a) haematologic and **(10 marks)**

b) the urinary tract and renal system adaptations **(5 marks)**

**Total marks = 25**

### **Question 3**

Describe the physiologic changes that occur in a newborn baby in the following:

3.1 Cardio-pulmonary system **(7 marks)**

3.2 Body temperature **(5 marks)**

3.3 Liver **(4 marks)**

3.4 Gastrointestinal tract **(4 marks)**

3.5 Urinary system **(5 marks)**

**Total marks = 25**