

**UNIVERSITY OF SWAZILAND**  
**FACULTY OF HEALTH SCIENCES**  
**FINAL EXAMINATION PAPER: DECEMBER, 2014**

<b>TITLE OF PAPER:</b>	<b>PROFESSIONALISM AND MANAGEMENT IN MIDWIFERY</b>
<b>COURSE CODE:</b>	<b>MID 445</b>
<b>DURATION:</b>	<b>TWO (2) HOURS</b>
<b>TOTAL MARKS:</b>	<b>75</b>

**INSTRUCTIONS:**

- 1. ANSWER ALL QUESTIONS**
- 2. NUMBERS IN BRACKETS INDICATE MARKS ALLOCATED TO EACH OR PART OF A QUESTION**
- 3. ANSWER EACH QUESTION ON A NEW PAGE**

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## **QUESTION 1 MULTIPLE CHOICE QUESTION**

Select a single correct response, write the number and the relevant response eg 1.3 B

1.1 Ethics may be defined as:

- (a) The study of professional discipline
- (b) The system of moral principles and values
- (c) The study of professional practice
- (d) The system of parental discipline

1.2 Deontology means:

- (a) Professional practice
- (b) Professional behaviour
- (c) Professional aspirations
- (d) Duty to care

Mrs Dlamini is a gravida 2 who has given birth by Caesarian section on her previous pregnancy, she request you to assist her to give birth at home. The homestead is located in a rural setting with terrain type of road and a river to cross before reaching her place. Question 1.3-1.7 addresses this scenario

1.3 Which one of the following principles of midwifery care should be applied in order to offer quality care to Mrs Dlamini?

- (a) A focus on health promotion and disease prevention
- (b) Advocacy for women so that their voices are heard
- (c) Partnership with women to promote maternal and child health
- (d) Respect for human dignity with full human rights

1.4 Which one of the following options will guide the midwife's decision to assist Mrs Dlamini?

- (a) Identifying actual or potential problem that may occur
- (b) Data collected during history taking
- (c) The outcome of pregnancy
- (d) The rights of clients

- 1.5 Which one of the following options is the essence of a code of ethics that will protect Mrs Dlamini in this case?
- (a) A client who should conform to the midwives' plan of care
  - (b) A person with human rights, seeking justice and quality care
  - (c) A recipient of reproductive health care
  - (d) A person who has to embrace cultural norms related to childbirth
- 1.6 The client's request to give birth at home is an example of which one of the following ethical principles?
- (a) Non-maleficence
  - (b) Beneficence
  - (c) Autonomy
  - (d) Justice
- 1.7 Which one of the following ethical principles is upheld when her decision is respected?
- (a) Exploitation
  - (b) Paternalism
  - (c) Coercion
  - (d) Beneficence
- 1.8 The principle of justice must be upheld at all costs, convincing justification for any difference may occur when :
- (a) There is shortage of staff
  - (b) Beneficiaries are minors
  - (c) An emergency situation occurs
  - (d) Maternal condition deteriorates
- 1.9 Which one of the following options refer to what should be disclosed to a client when informed consent is obtained?
- (a) Risks, benefits and uncertainty of the procedure
  - (b) The acceptance of the intervention
  - (c) Reasonable alternative to the proposed intervention
  - (d) A & C are correct responses
  - (e) All the responses are correct

1.10 Exceptions for informed consent are all of the following EXCEPT:

- (a) Parties with Power-of-Attorney
- (b) Legal guardian
- (c) Any blood relative
- (d) Therapeutic privilege

1.11 Which one of the following options is required from a professional counsellor?

- (a) Professionalism
- (b) Integrity
- (c) Partiality
- (d) Discriminatory

The reproductive health policy for X country indicates that all clients who register for services must be tested for HIV. Should a client refuse to undergo the test, she is denied treatment. Question 1.12-1.1.14 relates to this scenario

1.12 If the majority of clients are at risk of acquiring HIV infection, which one of the following principles is upheld by the policy?

- (a) Coercion
- (b) Justice
- (c) Discrimination
- (d) Beneficence

1.13 Clients who are living with HIV may be offered food parcels in order to improve their nutritional status, this act of mercy may be viewed by HIV negative clients as:

- (a) Injustice
- (b) Maleficence
- (c) Beneficence
- (d) Stigmatisation

1.14 Which one of the following terms best describes stigma?

- (a) Harbours shame
- (b) Social death experience
- (c) Obstacle in dealing with the HIV pandemic
- (d) Opposes the principle of equality
- (e) All of the above responses are relevant

A midwife is reporting for work in the postnatal ward and finds that the ward is full of patients, some are sleeping on the floor but the report book, or clients' records do not reflect the situation in the ward. Records of clients were not available. When she inquires from a midwife who was on night shift, she says she was too busy to complete any documents related to patient care. Question 1.15-1.20 addresses this question.

- 1.15 How should a midwife handle a situation where there is insufficient resources to offer quality care? Choose one from the following options:
- (a) Leave some documents incomplete
  - (b) Resign from work
  - (c) Offer substandard care
  - (d) Report to management who will mobilise human resources to offer care
- 1.16 Which one of the following section of the code of ethics did the midwife who was on night duty violate?
- (a) Midwives hold in confidence client information in order to protect the right to privacy
  - (b) Midwives are responsible for their decision and actions and accountable for the related outcome.
  - (c) Midwives may refuse to participate in activities for which they hold deep moral opposition
  - (d) Midwives develop and share midwifery knowledge through a variety of processes
- 1.17 Documentation is the cornerstone of patient care, which of the following options refer to the aim of documentation?
- (a) To conform with legal requirements
  - (b) For continuity of care
  - (c) For managerial purposes
  - (d) None of the above is relevant
- 1.18 Which one of the following options is the essence of competence?
- (a) Conducting birthing procedures timely
  - (b) Good social skills with clients and colleagues
  - (c) A combination of Knowledge and psychomotor skills
  - (d) Upholding professional responsibilities

- 1.19 Which one of the following options is part of a code of ethics?
- (a) The partograph was not completed in line with the institutional policy
  - (b) The information appearing on the nurses note was not dated
  - (c) The available records were not indicating the names of clients
  - (d) All of the above is the correct response
- 1.20 The definition for a code of ethics includes one of the following statements; identify it:
- (a) Ensuring that other skills are denied the 'professional' status
  - (b) Making public the morals, values and goals of a profession
  - (c) A minimal group of people with a high social status
  - (d) Irresponsibility to the profession
- 1.21 The International Confederation of Midwives assert that the philosophy of midwifery care is based on the principle that :
- (a) Childbirth is the work of a doctor and midwives
  - (b) Women are passive participants in reproductive health
  - (c) Childbirth is a normal physiological process
  - (d) Women have an absolute right to decide about their health
- 1.22 How do midwives develop and share midwifery knowledge?
- (a) By engaging in continuous professional development
  - (b) Through research, scientific conferences and peer reviewed journal publication
  - (c) By demonstrating best midwifery practice
  - (d) By staging reproductive health shows
- 1.23 If a woman chooses to abort her foetus, which one of the following ethical principles should guide the professional midwife?
- (a) Autonomy and beneficence
  - (b) Beneficence and non-maleficence
  - (c) Rights and autonomy
  - (d) Justice and non-maleficence

- 1.24 Miss Nono enrolled in a family planning programme three (3) years ago. Her husband is worried that the wife is sub-fertile and requests a midwife to assist them to have a baby. Which one of the following options is fundamental to the ethical dilemma the midwife is facing?
- (a) Informed consent and privacy
  - (b) Confidentiality and justice
  - (c) Truth telling and deception
  - (d) Confidentiality and privacy
- 1.25 A 600 g preterm neonate is being taken off a ventilator because a term baby who needs to be ventilated has a better chance to survive. Which one of the following ethical dilemmas relates to this scenario?
- (a) Sanctity of life versus quality of life
  - (b) Professional responsibility versus social responsibility
  - (c) Quality of life versus limited resources
  - (d) None of the above is a correct response

## QUESTION 2

A midwife researcher is investigating the HIV status of women who were sexual abused in a rural community. Exit interviews were conducted to clients when they were attending routine physical examination.

- (a) Discuss five (5) ethical principles that are violated by the researcher when conducting this study

**15 Marks**

- (b) If you were conducting the study, discuss ethical information that participants should be aware of before consenting to participate in the study

**10 Marks**

### **QUESTION 3**

Mrs Gule is transferred from Mkhuzweni Health Centre to Mbabane Referral Hospital accompanied by her eldest daughter who is 11 years old. There were no health records from Mkhuzweni health centre indicating the rationale for transferring the client. Mrs Gule needs emergency intervention in theatre, but she is incapable of making a decision due to cultural norms, her husband is working in South Africa and unable to come to Swaziland urgently.

- a) Discuss ethical issues that are raised by the scenario presented.

**15 Marks**

- b) Discuss why it is important to provide patients' records when transferring a client from one hospital to the other?

**10 Marks**