

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
BACHELR OF NURSING SCIENCE YEAR 4**

FINAL EXAMINATION PAPER 2014

**TITLE OF PAPER: NORMAL PSYCHOLOGICAL DEVELOPMENT
I**

COURSE CODE : NUR 452

MARKS ALLOCATION: 75

TIME ALOCATION : 2 HOURS

**INSTRUCTIONS : THIS PAPER CONSISTS OF THREE
QUESTIONS.
ANSWER ALL QUESTIONS.**

**DO NOT OPEN THIS PAPER UNTIL TOLD
TO DO SO.**

QUESTION 1

The holistic promotion of mental health of children in Swaziland seems to be a serious problem. However, it may not be very clear what some of the contributing factors to this problem are. Hence, the normal psychological growth and development of children, more especially school going children has been grossly compromised. Discuss three solutions that can help to minimize or totally eradicate this situation, labelling such solutions (a), (b) and (c).

1. Solution (a) (10 marks)
2. Solution (b) (10 marks)
3. Solution (c) (5 marks)

QUESTION 2

The care givers who are caring for orphans may not be adequately trained in mental health promotion. They may handle the orphans without knowing them as to who they are. Discuss why care givers who are caring for orphans should be enhanced in mental health promotion, counselling and normal psychological growth and in children.

- a) Normal psychological growth and development of children (10 marks).
- b) Counselling in children/orphans (10 marks).
- c) Mental health promotion of orphans (5 marks).

QUESTION 3

The accomplishment of educational excellence, social confidence and self- assertiveness is essential for individuals in successful prevention and control of HIV and AIDS. Discuss clearly how educational excellence, social confidence and self-assertiveness can help in the prevention and control of HIV and AIDS among individuals.

- a) Educational excellence. (10 marks).
- b) Social confidence. (10 marks).
- c) Self- assertiveness. (5marks).