

**UNIVERSITY OF SWAZILAND**  
**FACULTY OF HEALTH SCIENCES**  
**DEPARTMENT OF COMMUNITY HEALTH NURSING SCIENCE**  
**FIRST SEMESTER FINAL EXAMINATION**  
**DECEMBER, 2014**

COURSE TITLE:	COMMUNITY HEALTH NURSING III
COURSE CODE:	NUR 520
MARKS ALLOCATED:	75
TIME ALLOWED:	2 HOURS

**INSTRUCTIONS:**

1. The paper has a total number of three (3) questions
2. Read the questions clearly with understanding
3. Answer all the questions
4. Write legibly

Please do not open this question paper until you are told to do so by the invigilator

### Question 1

- a) The family as a unit of care in every society has several functions that it performs to meet its individual family members' needs. Mention any four of these functions (4)
- b) Many scholars define the concept "family" according to their orientation. State the aspects scholars who have a legal orientation emphasize upon when defining the concept "family" (1)
- c) Family roles are important in ensuring the development of individual family members although in some family forms there may be role ambiguity, role confusion, role conflict and role overload.
- i. Differentiate between role conflict and role overload (2)
  - ii. Describe role ambiguity and state in which family form/type it is commonly experienced (3)
- d) One of the family structural components is its communication patterns which may be influenced by the family's belief system. Discuss how the family's belief system influences the family's communication patterns in your country (5)
- e) The family meets the societal needs by socializing every individual family member according to societal norms and expectations. Discuss why the socialization function is not properly performed in the following family forms/types:
- i. Dual earner families (3)
  - ii. Single-parent families (3)
  - iii. Homosexual families with children (3)
- f) Define the concept "role confusion" (1)

**Total marks = 25**

### Question 2

- a) A healthy family has several characteristics that define it. Mention five (5) of them (5)
- b) Step-parenthood is usually accompanied by stress resulting from a variety of sources. Describe five (5) of these sources (10)
- c) Community health nurses (CHNs) promote the health of communities, which are aggregates of families, by working with individual families as unique societal entities. Discuss two (2) reasons why CHNs have to work with families (5)
- d) The family is defined, by scholars of social science, as a living social system which typically extends over at least three generations.

- i. Give a rationale why the family is viewed as a system (1)
  - ii. Mention one most important characteristic of the family as a social system (1)
- e) As a system the family has a boundary that defines and demarcates it from its environment. Describe the importance of having a semi-permeable boundary in a family system (3)

**Total marks = 25**

### **Question 3**

**Read the given passage and answer the questions that follow:**

Zandile and Zweli have been married for twenty years now. In their marriage they were blessed with three boys, Vusi, Bandile and Kwanele whose ages were 15, 13 and 11 years respectively. Both Zandile and Zweli desired to have a girl child, but because of Zandile's gynaecological problem, they could not have one. They then opted to adopt a baby girl. After they both reached the decision to adopt, they communicated it to the boys who gladly accepted it as they also needed a baby sister. When the baby girl was finally adopted, both parents spent a lot of time admiring her. On realising that, the boys began to show a lack of interest in their baby sister and their behaviours changed. The school grades of the 11 year-old Kwanele dropped and he started wetting his bed, the 13 year-old Bandile began to spend most of his time with friends and became very unruly while the 15 year-old Vusi succumbed to peer pressure by beginning to abuse alcohol and drugs. None of them wanted to assist their mother with child care needs yet both parents were working and had to take turns with the child care needs. The boys' father spent a lot of time coercing the boys to assist with the child care needs and when they refused, he disciplined them which the boys did not like. This led to a disturbance in family's peace.

- a) Using the family developmental theory, identify the developmental stage the family in the above passage is in. Motivate your response (3)
- b) Discuss four (4) health concerns that are experienced in the family developmental stage identified in (a) above (12)
- c) Discuss two (2) factors that led to the disruption of equilibrium/homeostasis in the family in the above passage (5)
- d) Describe two (2) ways by which the family can re-establish equilibrium/homeostasis (5)

**Total marks = 25**