

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES

FINAL EXAMINATION PAPER DECEMBER 2015

TITLE: NURSING MANAGEMENT OF CHILDHOOD MENTAL DISORDERS

COURSE: CMH407

DURATION: TWO (2) HOURS

MARKS: 75

- INSTRUCTIONS:**
- 1. ANSWER ALL QUESTIONS**
 - 2. EACH QUESTION CARRIES 25 MARKS**

THIS PAPER IS NOT TO BE OPENED UNTIL PERMISSION HAS BEEN GIVEN BY THE INVIGILATOR

Question 1

Mazuba, is 8 years old and is the elder of two siblings and repeating Grade I. He is referred to the mental health clinic by the school nurse because his teacher complains that Mazuba confuses p's and q's and can barely write his name and has difficulty with arithmetic. He is not attentive and is at the bottom of his class but excels in sports. In class Mazuba talks when he is not expected to and cannot await his turn when playing games. He always beats other children. When talking to Nurse Xulu at the clinic he breaks down and weeps and says he has been sad, angry and jealous of his sister, who seems to be favoured by his parents. His parents always hit him. Mazuba sometimes wakes up screaming when he has nightmares of being hit by his father. Mazuba reports that he has thought of killing himself but he does not know how.

- a) What possible diagnoses would you assign to Mazuba and why? (8)
- b) How would you manage Mazuba for each of the diagnoses? (17)

TOTAL = 25

Question 2

Elimination disorders are common among children. Discuss how you would manage a child with

- a) Enuresis (15)
- b) Encopresis (10)

TOTAL = 25

Question 3

- a) What factors influence a child's mental health? (7)
- b) You have been asked to give a talk to teachers in a juvenile correctional facility on teaching the children under their care social skills. Outline areas you would cover in your presentation. (18)

TOTAL = 25