

**UNIVERSITY OF SWAZILAND  
FACULTY OF HEALTH SCIENCES  
BACHELOR OF NURSING SCIENCE YEAR 4**

**FINAL EXAMINATION PAPER 2016**

**TITLE OF PAPER : THE UNDERSTANDING OF  
DEVELOPMENT and  
ESSENTIALITIES OF THEORIES  
MENTAL HEALTH /PSYCHIATRIC  
NURSING**

**COURSE CODE : CMH 401**

**TIME ALLOCATION : 2 HOURS**

**MARKS ALLOCATION : 75**

**INSTRUCTIONS : THIS PAPER CONSISTS OF THREE  
QUESTIONS. ANSWER ALL  
QUESTIONS.**

**DO NOT OPEN THIS PAPER UNTIL TOLD TO DO SO.**

### **QUESTION 1**

According to Freud's theory of Personality, the three levels of consciousness play a very important role in normal growth and development of the individual. Discuss the importance of the conscious, preconscious and unconscious levels of personality.

- a) Unconscious level {10 marks}
- b) Conscious level {10 marks}
- c) Preconscious {5 marks}

**[25 marks]**

### **QUESTION 2**

Using the Freud's theory in question 1, discuss five factors related to Super Ego that contribute to personality growth and development of individuals.

**[25 marks]**

### **QUESTION 3**

Intelligence is an essential component of life quality because we use intelligence in almost everything we do. How do the following factors affect intelligence?

- a) Social factors {10 marks}
- b) Cognitive factors {10 marks}
- c) Biological factors {5 marks}

**[25 marks]**