

UNIVERSITY OF SWAZILAND

FACULTY OF HEALTH SCIENCES

RE-SIT EXAMINATION

JULY 2017

COURSE CODE: GNS 212
TITLE OF PAPER: HEALTH ASSESSMENT II
DURATION: 2 HOURS
MARKS: 80

INSTRUCTIONS

1. THIS PAPER CONSISTS OF TWO (2) SECTIONS: SECTION 1 – MULTIPLE CHOICE AND SECTION 2 – SHORT ESSAY QUESTIONS.
2. ANSWER ALL QUESTIONS IN ALL SECTIONS.
3. READ QUESTIONS AND INSTRUCTIONS CAREFULLY.
4. EACH QUESTION IS TO BE ANSWERED ON A SEPERATE SHEET OF PAPER.

THIS PAPER IS NOT TO BE OPENED UNTIL THE INVIGILATOR HAS GRANTED PERMISSION.

SECTION 1

Instructions: For each of the following questions/statements, write the letter that corresponds with the most appropriate answer in your answer sheet, e. g. 1. B

1. The following are your responsibilities in pain management **EXCEPT**-----
 - A. Educate client about pain
 - B. Draw your plan of care
 - C. Promote immediate use of pharmacological intervention
 - D. Assess pain intensity

2. A pill that looks like a medication but has no medicinal properties is called a (n) -----
 - A. Supplement
 - B. Herb
 - C. Organic
 - D. Placebo

3. Which of the following food substances may lead to heart attacks and strokes?
 - A. Vitamins
 - B. Cholesterols
 - C. Minerals
 - D. Proteins

4. A normal fetal heart rate ranges from ----- to ----- beats per minute (b/m)
 - A. 110 - 150
 - B. 120 - 160
 - C. 120 - 180
 - D. 130 - 190

5. A normal newborn weight ranges between-----
 - A. 2500 - 4000g
 - B. 2500 - 3500g
 - C. 2000 - 4000g
 - D. 2500 - 3000g

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6. Excessive salivation during pregnancy is known as -----
- A. Pica
 - B. Heart burn
 - C. Ptyalism
 - D. Pseudo salivation
7. Which of these hormones cause a hyper-pigmentation in a pregnant woman?
- A. Melanocytes and androgen
 - B. Estrogen and progesterone
 - C. Estrogen and testosterone
 - D. Thyroxine and progesterone
8. A basal mass index (BMI) is calculated based on-----
- A. Gender and arm circumference
 - B. Gender and weight
 - C. Height and weight
 - D. Arm circumference and height
9. A newborn's normal Apgar score range is -----
- A. 6- 10
 - B. 7 – 12
 - C. 8 – 10
 - D 8 – 12
10. Which of the following Leopold's maneuvers assesses the engagement of a presenting part?
- A. First maneuver
 - B. Second maneuver

C. Third maneuver

D. Fourth maneuver

Instructions: Match the following religions with their correct corresponding common health belief. Write the letter accompanying the correct response/responses e.g. 13. A

Religion	Belief
11. Hinduism	A. Views illness as a testing of faith
12. Christianity	B. Psalms and the last prayer of confession are held at bedside
13. Islam	C. Suffering is part of human existence
14. Buddhism	D. Many holy days include fasting
15. Judaism	E. Mohammed is believed to be the greatest of all prophets

Instructions: For each of the following statements indicate if True/False by writing T for True or F for False in your answer sheet, e.g 27. F

16. Mental status refers to a client's level of cognitive and emotional functioning and stability.
17. Cerebral abnormalities disturb the client's intellectual ability, communication ability, or emotional behaviors.
18. A client with high blood sugar may report anxiety and other mental status changes.
19. Poor appetite may be seen with depression, eating disorders, and substance abuse.
20. Cognition is not altered with toxin exposure.

Total: 20 Marks

SECTION 2

Answer ALL questions in this section.

Question 1

Situation: A 30 year old pregnant woman comes to your health care facility for a prenatal assessment. She is in her 35th week of gestation. When measuring the height of fundus, you note it as 40cm.

Question A and B relate to the above situation

- A. Do you think this abdominal findings are normal or abnormal, rationalize your answer? (2)
- B. Describe how you will measure the client's height of fundus (4)
- C. State the changes that occur in the genitalia during pregnancy. (14)

Total: 20 marks

Question 2

- A. Explain the theory of Walker's cycle of violence (15)
- B. State any five (5) short-term effects of emotional abuse (5)

Total: 20 marks

Question 3

Mr Zwane is in the terminal stage of cancer. He is distressed and in denial of the fact that life is short. He does not want visits from family members and friends. He has always been a firm believer in God and believes that the illness is God's punishment for wrong deeds.

Question A relate to the above situation

- A. State any six (6) questions you will ask Mr Zwane with regard to his spirituality believe? (6)
- A. Differentiate between spirituality and religion (2)
- C. Describe any six (6) points on the impact/role of religion and spirituality on health care. (12)

Total: 20 Marks