

**UNIVERSITY OF SWAZILAND**

**FACULTY OF HEALTH SCIENCES**

**(FIRST SEMESTER)**

**FINAL EXAMINATION PAPER**

**DECEMBER, 2016**

**COURSE CODE: NUR 520**

**COURSE TITLE: COMMUNITY HEALTH NURSING SCIENCEIII**

**TIME ALLOWED: 2 HOURS**

**MARKS ALLOCATED: 75**

**INSTRUCTIONS:**

- 1) THIS PAPER CONTAINS THREE PAGES AND THREE QUESTIONS**
- 2) ANSWER ALL THE THREE QUESTIONS**
- 3) ALL THE QUESTIONS CARRY THE SAME MARKS**
- 4) WRITE LEGIBLY PLEASE**

**Do not open this paper until permission has been granted by the invigilator**

### QUESTION 1

As the community is an aggregate of families, Community Health Nurses (CHNs) have to work closely with families in order to promote the health of communities.

- a) Describe two basic purposes of the family (4)
- b) Describe the concept *family as a context*. (2)
- c) Discuss four reasons why CHNs have to work with families. (12)
- d) Mention six characteristics of a healthy family. (3)
- e) The family is made up of various structural components. Describe the negative influence the following structural components of the family have on family health:
  - i) Family size (2)
  - ii) Family's belief system (2)

**TOTAL = 25 MARKS**

### QUESTION 2

One of the Social Scientists' theories used in family nursing is the Systems Theory.

- a) Describe two reasons why the family is viewed as a social system: (4)
- b) List four assumptions of the systems perspective applied to the family system. (4)
- c) Our communities are made up of families of various forms. Describe two factors that have led to the emergence of the following family forms in our society:
  - i) Cohabiting family (4)
  - ii) Step-parent family (4)
  - iii) Single-parent family (4)
- d) Step-parent families experience a lot of stresses. Discuss any two sources of stress found in step- parent families. (5)

**TOTAL = 25 MARKS**

### QUESTION 3

Read the given passage carefully and with understanding and then answer the questions that follow:

Musa and Zanele, a middle-aged couple who got married when they were in their early twenties, are now celebrating their 20 years of marriage. They were blessed with one child, a daughter aged 13 years. Zanele works as a full time teacher at a school where her child attends. On the other hand, Musa, who is very learned, is a successful farmer. Zanele had a difficult pregnancy and during delivery by caesarean section, she was done hysterectomy after the birth of her daughter. This family always wanted to have two children, a boy and a girl. Because Zanele could no longer conceive, they decided to adopt a male child, preferably a Swazi. This decision was communicated to their girl who welcomed it because she also needed a brother who will protect her from the bullies at her school. The adoption was a success. Musa and Zanele adored the little adopted boy child and spent most of their time with the child. Musa was assured of somebody who will take care of his farm when he is old. As a result of this, Musa and his wife spent most of their time with the little boy. Seeing this action by her parents, the 13 year old girl showed little interest in the new baby. Because of his daughter's lack of enchantment with the boy's presence, Musa is frustrated so is his wife Zanele. He realises that he spends most of his time in coercing his daughter to assist her mother with the care needs of her baby brother. He feels tired of trying to assist his wife with the extra responsibilities while he also has his daily work schedule. The girl decided to leave home to spend time with friends.

- a) According to Duvall's Family Developmental Theory, at what developmental stage is the family in? Motivate your response. (3)
- b) Describe four health concerns that the family may experience at the developmental stage mentioned in (a) above. (8)
- c) Describe two changes in the family that occurred as a result of the adoption of the boy child. (4)
- d) Describe two ways you would encourage this family to use in reducing stress and establish equilibrium. (4)
- e) Utilising the nursing process:
  - i) Select one identified factor that led to the disruption of homeostasis in Musa's family
  - ii) Write two Actual Nursing Diagnoses that are identified in this family (6)

**TOTAL = 25 MARKS**