UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
MAIN EXAMINATION FIRST SEMESTER

DECEMBER 2017

COURSE TITLE: FOUNDATIONS OF COMMUNITY HEALTH NURSING

COURSE CODE: CHN103

MARKS ALLOWED: 75

TIME ALLOWED: 2 HOURS

INSTRUCTIONS:

1) THIS PAPER CONTAINS 3 QUESTIONS: ANSWER ALL.
2) READ THE INSTRUCTIONS AND QUESTIONS CAREFULLY.
3) EACH QUESTION HAS A WEIGHT OF 25 MARKS.
4) WRITE NEATLY AND LEGIBLY.

DO NOT OPEN THE QUESTION PAPER UNTIL PERMISSION IS GRANTED BY
THE INVIGILATOR.

Question 1

Read the statement and write T or F next to the number to indicate your decision about the statement. e.g. 1. 20. F **(1 mark each)**

1.1 The Code of Hammurabi was concerned with good nutrition for the population to promote health

1.2 Minoans and Cretans were amongst the first nations to establish drainage systems and flush sewage disposal to prevent public nuisances

1.3 Pharmaceutical herbs and personal hygiene measures were introduced by Hebrews

1.4 The ancient Romans emphasized population health as opposed to individual health

1.5 The influence of Christianity on public health during the Dark Ages led to spread of epidemics

1.6 The industrial revolution was characterised by good population health

1.7 One of the major breakthroughs during the nineteenth century was the control of communicable diseases

1.8 The Bacteriologic period in history of public health was characterised by disapproval of the theory of spontaneous generation.

1.9 The Twentieth century brought about the development of health resources, health promotion and medical engineering

1.10 Progresses of the Twenty-first century included development of Sustainable Development Goals

Multiple choice questions. Select the letter which corresponds with the best answer and write on your answer booklet. e.g. 20 a. **(1 mark each)**

1.11 Which of the following methods may help a community health nurse gain entry into a community?
a. Making clear who is in-charge
b. Knocking on doors
c. Joining certain clubs or societies
d. Aligning mainly with leaders of the community

1.12 Community diagnoses are based on
a. The community assessment process
b. The intuition of the skilled community nurse
c. Single method without bias
d. Court records

1.13 Which of the following represents a Greek contribution to health practices today?
a. Rationality towards external injury
b. The theory of the four humours

    c. Understanding of infections

    d. Universal access to medical care

1.14   During which time period was public health first seen as a government responsibility

  a. the Renaissance

  b. the early civilization period

  c. the seventeenth century

  d. the Roman era

1.15   The following are examples of common interest community members except one:

    a. Tobacco farmers

    b. Swazis

    c. Pensioners

    d. Astronauts

1.16 Define the term 'community'.   (1 mark)

1.17 Define the term 'Community Health'   (1 mark)

1.18 Describe four (4) factors that affect the health of a community   (8 marks)

Total 25 marks

Question 2

2.1 Describe two (2) identifying features of each of the following and give one (1) example of each:

a. Common interest community   (5 marks)

b. Geographic community   (5 marks)

c. Community of solution   (5 marks)

2.2 Describe five (5) characteristics of Community Health Nursing.   (10 marks)

Total 25 marks

Question 3

3.1 Discuss two (2) roles played by the following international health development partners in improving the health status of the Swazi population. (6 marks)

a. UNICEF

b. WHO

3.2 As nurses we are required to be members of professional health organisations. State two (2) reasons why such organisations are important for improving the health of society. (2 marks)

3.3 In order to deal with specific issues that affect the community, Community Health Nurses have to organise and work closely with the communities as clients.
    a. Describe the term 'community organising' (2 marks)

3.4 List and describe the five (5) steps of a Community Nursing process. (10 marks)

3.5 Describe what a windshield survey in community assessment entails. (3 marks)

3.6 Name two (2) sources of community data (2 marks)

Total 25 marks