

**UNIVERSITY OF SWAZILAND  
FACULTY OF HEALTH SCIENCES  
(FIRST SEMESTER)  
FINALEXAMINATION  
NOVEMBER, 2017**

**COURSE CODE: CHN105  
COURSE TITLE: PRIMARY HEALTH CARE  
MARKS ALLOCATED: 75  
TIME ALLOCATED: 2 HOURS**

**INSTRUCTIONS:**

- 1. THIS PAPER CONTAINS A TOTAL OF THREE QUESTIONS.**
- 2. READ THE QUESTIONS WITH UNDERSTANDING.**
- 3. ANSWER ALL THE THREE QUESTIONS.**
- 4. WRITE LEGIBLY.**

**PLEASE DO NOT OPEN THIS PAPER UNTIL YOU ARE TOLD TO DO SO BY  
THE CHIEF INVIGILATOR**

## QUESTION 1

- A. Primary Health Care (PHC) is an approach that was adopted by all governments globally after the Alma Ata Declaration of 1978.
- i. Define Primary Health Care. (2.5)
- B. The thinking behind PHC followed a common pattern of socio-economic problems experienced by most countries
- a) List any five (5) of these socio-economic problems (5)
  - b) Mention any five (5) health needs/problems that are rooted in the socio-economic problems (5)
- C. As an essential practical approach to making health care universally accessible to individuals and families in the community, PHC must be acceptable to them, equitably distributed, affordable by all and the community must fully participate in promoting its own health. Describe the following concepts:
- 1) Acceptability (2)
  - 2) Equitable distribution (2)
  - 3) Affordability (2)
  - 4) Full community participation (2)
- D. In the late 1970s the International objective of "Health for All" by the year 2000 was seen as a social goal by all governments of the world.
- i. Describe your understanding of the concept "Health for All" (2)
  - ii. List two obstacles that have to be removed to ensure Health for All (2)
  - iii. All health professional cadres are responsible for the provision of PHC services. Name one (1) health professional cadre that provides PHC services at hospital level. (0.5)

TOTAL = 25 MARKS

## QUESTION 2

- A. In spite of seeing PHC as a relevant approach in promoting health and addressing health problems by all governments globally, only a few countries used the approach effectively.
- a. Describe five (5) reasons that led to the none use of the approach by the other countries (10)
  - b. List any seven (7) emerging challenges that are faced by most countries in relation to the utilization of the PHC approach (7)
- B. As a result of the encountered challenges in utilizing the PHC approach, the World Health Organization (WHO) called for a meeting , which was held in OUGADOUGOU (Burkina Faso), to review the PHC approach and strengthen the health systems. In that meeting, nine (9) priority areas were identified.
- 1) List any four (4) of the identified priority areas and elaborate on why each was identified (8)

TOTAL = 25 MARKS

QUESTION 3

- A. The practice of PHC includes the following but not limited services: Health Promotion, Expanded Program of Immunization and Interventions to Prevent Protein-Calorie Malnutrition (PCM).
- a) Describe any three (3) Health Promotion activities that take place at community level (6)
  - b) Describe three (3) activities carried out to prevent the occurrence of PCM at community level (6)
- B. Children from birth to the age of five (5) years are immunized against a variety of infections, infestations and nutritional deficiency conditions.
- a) Outline an immunization schedule for a child from birth to fourteen (14) weeks whose parents are faithful to bringing the child at the right time to be immunized (13)

TOTAL = 25 MARKS