UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF COMMUNITY HEALTH NURSING SCIENCE
FINAL EXAMINATION: DECEMBER, 2017

COURSE TITLE: FOUNDATIONS AND PRINCIPLES OF HEALTH PROMOTION
COURSE CODE: CHN107
TIME ALLOCATED: 2 HOURS
TOTAL MARKS ALLOCATED: 75

INSTRUCTIONS:
1. THE PAPER HAS THREE QUESTIONS; PLEASE ANSWER ALL OF THEM
2. USE THE PROVIDED ANSWER BOOKLET FOR ALL YOUR ANSWERS
3. START A NEW QUESTION IN A NEW PAGE
4. MAKE SURE THAT ALL YOUR ANSWERS ARE NUMBERED CORRECTLY
5. PLEASE WRITE CLEARLY AND LEGIBLY

DO NOT OPEN THE QUESTION PAPER UNTIL PERMISSION HAS BEEN GRANTED BY THE CHIEF INVIGILATOR OR HIS/HER REPRESENTATIVE.
QUESTION 1

A. Differentiate between the following terms:
   a. Incidence and Prevalence (2 marks)
   b. Health promotion and Health education (2 marks)
   c. Communicable and non-communicable disease (2 marks)
   d. Primary and secondary prevention (2 marks)
   e. Theory and a model (2 marks)  [10 marks]

ii. Access to health care or services is a complex concept which is often defined
    variously by different people. Using the dimensions of access, describe what is meant
    by access to healthcare services.  [15 marks]

[Total marks: 25]

QUESTION 2

Health is influenced by several factors collectively referred to as social determinants of
health. Discuss how the social determinants listed below influence the health of individuals

a. Education (5 marks).
   b. Gender (5 marks).
   c. Socio-economic status (5 marks).
   d. Housing and sanitation (5 marks).
   e. Political environment (5 marks).  [Total marks: 25]

QUESTION 3

A. Health is guided by three models: the biomedical model, the social model and the
   Ottawa charter. These theories and models operate at individual or
   community/population levels. Write brief notes on the following models including
   the advantages and disadvantages of each:

   i. Biomedical Model (8 marks)
   ii. Social Model (8 marks)

B. Briefly discuss the three basic principles of health promotion as stated in the Ottawa
   charter (9 marks).  [Total marks: 25]