

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF COMMUNITY HEALTH NURSING SCIENCE
FINAL EXAMINATION: DECEMBER, 2017

COURSE TITLE: FOUNDATIONS AND PRINCIPLES OF HEALTH PROMOTION

COURSE CODE: CHN107

TIME ALLOCATED: 2 HOURS

TOTAL MARKS ALLOCATED: 75

INSTRUCTIONS:

1. THE PAPER HAS THREE QUESTIONS; PLEASE ANSWER ALL OF THEM
2. USE THE PROVIDED ANSWER BOOKLET FOR ALL YOUR ANSWERS
3. START A NEW QUESTION IN A NEW PAGE
4. MAKE SURE THAT ALL YOUR ANSWERS ARE NUMBERED CORRECTLY
5. PLEASE WRITE CLEARLY AND LEGIBLY

DO NOT OPEN THE QUESTION PAPER UNTIL PERMISSION HAS BEEN GRANTED BY THE CHIEF INVIGILATOR OR HIS/HER REPRESENTATIVE

QUESTION 1

A. Differentiate between the following terms:

- a. Incidence and Prevalence (2 marks)
- b. Health promotion and Health education (2 marks)
- c. Communicable and non-communicable disease (2 marks)
- d. Primary and secondary prevention (2 marks)
- e. Theory and a model (2 marks)

[10 marks]

B. Access to health care or services is a complex concept which is often defined variously by different people. Using the dimensions of access, describe what is meant by access to healthcare services.

[15 marks]

[Total marks: 25]

QUESTION 2

Health is influenced by several factors collectively referred to as social determinants of health. Discuss how the social determinants listed below influence the health of individuals

- a. Education (5 marks).
- b. Gender (5 marks).
- c. Socio-economic status (5 marks).
- d. Housing and sanitation (5 marks).
- e. Political environment (5 marks).

[Total marks: 25]

QUESTION 3

A. Health is guided by three models: the biomedical model, the social model and the Ottawa charter. These theories and models operate at individual or community/population levels. Write brief notes on the following models including the advantages and disadvantages of each:

- i. Biomedical Model (8 marks)
- ii. Social Model (8 marks)

B. Briefly discuss the three basic principles of health promotion as stated in the Ottawa charter (9 marks).

[Total marks: 25]