UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF COMMUNITY HEALTH NURSING SCIENCE
FINAL EXAMINATION: DECEMBER 2017

COURSE TITLE: PRIMARY MENTAL HEALTH CARE
COURSE CODE: CMH 403
TIME ALLOCATED: 2 HOURS
TOTAL MARKS ALLOCATED: 75

INSTRUCTIONS:

1. PLEASE WRITE LEGIBLE
2. PLEASE ANSWER ALL QUESTIONS
3. USE THE PROVIDED ANSWER BOOKLET FOR ALL YOUR ANSWERS
4. START A NEW QUESTION IN A NEW PAGE
5. MAKE SURE THAT ALL YOUR ANSWERS ARE NUMBERED CORRECTLY

DO NOT OPEN THE QUESTION PAPER UNTIL PERMISSION HAS BEEN GRANTED BY THE CHIEF INVIGILATOR OR HIS/HER REPRESENTATIVE
QUESTION 1

1.1 The nature of mental health care services in Swaziland experiences challenges in the care of mentally ill patients, describe and elaborate on FIVE (5) challenges of Mental Health Care services. [15]

1.2 Describe strategies to create mental health in the workplace [15]

QUESTION 2

2.1 Discuss on the components of the primary mental health care [15]

2.2 Describe the scope of Primary mental health care [15]

QUESTION 3

Stigma is a major challenge in the care of the mentally ill patients debate the rights and responsibilities for mental ill patients in order to minimise the stigma attached to mental illness. [15]